Your student health insurance coverage, offered by Aetna Student Health*, may not meet the minimum standards required by the health care reform law for the restrictions on annual dollar limits. The annual dollar limits ensure that consumers have sufficient access to medical benefits throughout the annual term of the policy. Restrictions for annual dollar limits for group and individual health insurance coverage are $2 million for policy years beginning on or after September 23, 2013 but before January 1, 2014. Restrictions for annual dollar limits for student health insurance coverage are $500,000 for policy years beginning on or after September 23, 2013, but before January 1, 2014. Your student health insurance coverage includes an annual limit of $500,000 per condition on all covered services including Essential Health Benefits. Other internal maximums (on Essential Health Benefits and certain other services) are described more fully in the benefits chart included inside this Plan summary. If you have any questions or concerns about this notice, contact (866) 577-7027. Be advised that you may be eligible for coverage under a group health plan of a parent’s employer or under a parent’s individual health insurance policy if you are under the age of 26. Contact the plan administrator of the parent’s employer plan or the parent’s individual health insurance issuer for more information.

* Fully insured Aetna Student Health Insurance Plans are underwritten by Aetna Life Insurance Company (Aetna) and administered by Chickering Claims Administrators, Inc. Aetna Student Health is the brand name for products and services provided by these companies and their applicable affiliated companies.

Underwritten by:
Aetna Life Insurance Company
(ALIC)
Policy Number 474968

Virginia Tech logo used with permission from Virginia Tech.
WHERE TO FIND HELP

In case of an emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility. For non-emergency situations please visit or call The Charles Schiffert Health Center at (540) 231-6444.

For questions about:
• Insurance Benefits
• Enrollment
• Waiver Process
• Claims Processing
• Pre-Certification Requirements

Please contact:
Aetna Student Health
P.O. Box 981106
El Paso, TX 79998
(866) 577-7027

For questions about:
• ID Cards

ID cards will be issued as soon as possible. You can now also download a copy of your insurance ID card at www.aetnastudenthealth.com by providing your Hokie passport # and your date of birth.

If you need medical attention before the ID card is received, benefits will be payable according to the Policy. You do not need an ID card to be eligible to receive benefits. Once you have received your ID card, present it to the provider to facilitate prompt payment of your claims.

For lost ID cards, contact:
Aetna Student Health (866) 577-7027

For questions about:
• Enrollment Forms
• Waiver Process
• Schiffert Health Center Referrals

Please contact:
Virginia Tech Student Medical Insurance Office
Email: SMI@vt.edu
Telephone: (540) 231-6226
Fax: (540) 231-6237
Office hours are: Monday-Friday-8 AM - 12 PM and 1 PM – 5 PM

For questions about:
• Status of Pharmacy Claim
• Pharmacy Claim Forms
• Excluded Drugs and Pre-Authorization

Please contact:
Aetna Pharmacy Management
(888) RX AETNA or (888)792-3862 (Available 24 Hours)

For questions about:
• Provider Listings
Please contact:
Aetna Student Health
(866) 577-7027

A complete list of providers can be found at The Charles Schiffert Health Center, or you can use Aetna’s DocFind® Service at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

For questions about:
- On Call International 24/7 Emergency Travel Assistance Services

Please contact:
On Call International at (866) 525-1956 (within U.S.).
If outside the U.S., call collect by dialing the U.S. access code plus (603) 328-1956. Please also visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) and visit your school-specific site for further information.

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**AETNA NAVIGATOR®**

**Got Questions? Get Answers with Aetna’s Navigator®**

As an Aetna Student Health insurance member, you have access to Aetna Navigator®, your secure member website, packed with personalized claims and health information. You can take full advantage of our interactive website to complete a variety of self-service transactions online. **By logging into Aetna Navigator, you can:**

- Review who is covered under your plan.
- Request member ID cards.
- View Claim Explanation of Benefits (EOB) statements.
- Estimate the cost of common health care services and procedures to better plan your expenses.
- Research the price of a drug and learn if there are alternatives.
- Find health care professionals and facilities that participate in your plan.
- Send an e-mail to Aetna Student Health Customer Service at your convenience.
- View the latest health information and news, and more!

**How do I register onto Aetna Navigator?**

- Go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)
- Click on Members: Aetna Navigator (located in top row of links)
- Follow the instructions for First Time User by clicking on the “Register Now” link.
- Select a user name, password and security phrase.

Your registration is now complete, and you can begin accessing your personalized information!

**Need help registering on Aetna Navigator?**

Registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at (800) 225-3375.

**Aetna’s Informed Health® Line**:  
Call toll free [1-800-556-1555](tel:+18005561555) 24 hours a day, 7 days a week.  
Get health answers 24/7. When you have an Aetna health benefits and health insurance plan, you have instant access to the information you need. Our tools and resources can help you:

- Make more informed decisions about your care.
- Communicate better with your doctors.
- Save time and money, by showing you how to get the right care at the right time.

When you call our Informed Health Line, you can talk directly to a registered nurse. Our nurses can discuss a wide variety of health and wellness topics.

*While only your doctor can diagnose, prescribe or give medical advice, the Informed Health Line nurses can provide information on more than 5,000 health topics. Contact your doctor first with any questions or concerns regarding your health care needs.*
The Virginia Tech Plan is underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc. Aetna Student HealthSM is the brand name for products and services provided by these companies and their applicable affiliated companies.

IMPORTANT NOTE
Please keep this Brochure, as it provides a general summary of your coverage. A complete description of the benefits and full terms and conditions may be found in the Master Policy issued to Virginia Tech. If any discrepancy exists between this Brochure and the Policy, the Master Policy will govern and control the payment of benefits. The Master Policy may be viewed at the Student Medical Insurance Office located at 110 Student Services during business hours.

This student Plan fulfills the definition of Creditable Coverage explained in the Health Insurance Portability and Accountability Act (HIPAA) of 1996. At any time should you wish to receive a certification of coverage, please call the customer service number on your ID card.
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SCHIFFERT STUDENT HEALTH SERVICES

The Charles W. Schiffert Health Center is the University's on-campus health facility located in McComas Hall. Staffed by physicians, nurse practitioners and registered nurses, it is open weekdays from 8:00 a.m. to 5:00 p.m., and Saturdays from 9:00 a.m. to noon during the Fall and Spring semesters. A physician and nurse practitioner are on call at all times, and conduct clinics during the week.

For more information, call The Charles Schiffert Health Center at (540) 231-6444. In the event of an emergency, call 911.

POLICY PERIOD

1. **Students:** Coverage for all insured students enrolled for the Fall Semester, will become effective at 12:00 AM on **August 1, 2013**, and will terminate at 11:59 PM on **July 31, 2014**.

2. **New Spring Semester students:** Coverage for all insured students enrolled for the Spring Semester, will become effective at 12:00 AM on **January 1, 2014** and will terminate at 11:59 PM on **July 31, 2014**.

3. **Insured dependents:** Coverage will become effective on the same date the insured student's coverage becomes effective, or the day after the postmarked date when the completed and accepted Qualifying Life Event (QLE) application and premium are sent, if later. Coverage for insured dependents terminates in accordance with the Termination Provisions described in the Master Policy. For more information on Termination of Covered Dependents see page 69 of this Brochure. Examples include, but are not limited to: the date the student’s coverage terminates, the date the dependent no longer meets the definition of a dependent.

RATES

<table>
<thead>
<tr>
<th>Undergraduates and Graduate Students</th>
<th>Annual</th>
<th>Spring Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student</td>
<td>$1,798</td>
<td>$1,049</td>
</tr>
<tr>
<td>Student &amp; Spouse</td>
<td>$4,868</td>
<td>$2,840</td>
</tr>
<tr>
<td>Student &amp; Child(ren)</td>
<td>$4,295</td>
<td>$2,506</td>
</tr>
<tr>
<td>Family (Student, Spouse &amp; Child(ren))</td>
<td>$7,365</td>
<td>$4,296</td>
</tr>
</tbody>
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**VIRGINIA TECH STUDENT HEALTH INSURANCE PLAN**

This is a brief description of the Accident and Sickness Medical Expense benefits available for Virginia Tech students and their eligible dependents. The plan is underwritten by Aetna Life Insurance Company (called Aetna). The exact provisions governing this insurance are contained in the Master Policy issued to the University and may be viewed at the Student Medical Insurance Office located at 110 Student Services during business hours.

**STUDENT COVERAGE**

**ELIGIBILITY**

Students must be enrolled as full-time students at the university on the first day that coverage will be effective. Students in Cooperative Education and serving approved internships off-campus or performing credited research hours are considered to be full-time students of the university. However, if the student takes fewer than full-time hours but is enrolled in the maximum number of hours allowed toward graduation (i.e. working on a dissertation), the student may obtain a statement to this effect in writing on the department’s letterhead and with the signature of the department head. This confirmation may be attached to the application for insurance. The student shall then be considered as full-time and shall be eligible to enroll in the university’s insurance plans.

- Undergraduate Eligibility: 12 or more credit hours
- Graduate Eligibility: 9 or more credit hours
- International Students & Veterinary Medicine DVM Students are required to maintain health insurance either through the school sponsored plan or a comparable plan.
- Eligible Graduate Assistants wishing to use the health care subsidy must enroll in the Virginia Tech sponsored plan.
- Graduate students who are defending their thesis are eligible to remain on the insurance program if previously insured through the end of the month in which they defend. Documentation from the department head must be provided to the Student Medical Insurance office.

Students must actively attend classes for at least the first 31 days, after the date when coverage becomes effective.

Home study, correspondence, Internet classes, and television (TV) courses, do not fulfill the eligibility requirement that the student actively attend classes. If it is discovered that this eligibility requirement has not been met, our only obligation is to refund premium, less any claims paid.

**ENROLLMENT**

To enroll online, log on to www.aetnastudenthealth.com and search for Virginia Tech, then click on Enroll to purchase insurance coverage online.

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro rata refund of premium will be made for such person, and any covered dependents, upon written request received by Aetna within 90 days of withdrawal from school.

**WAIVER PROCESS/PROCEDURE**

International Students & Veterinary Medicine DVM Students are required to maintain health insurance either through the school sponsored plan or a comparable plan.

To meet the criteria of a comparable insurance plan, coverage must meet or exceed all of the following:

- The policy must offer adequate provider care within a 50 mile radius of the campus of enrollment. Coverage for emergency only care does not satisfy this requirement. (Adequate means in-network coverage for non-emergency care.)
- The policy must have a deductible of $500 per accident or illness or less.
- The policy must provide major medical benefits of at least $500,000 per accident or illness.
- The policy must provide a minimum benefit of $10,000 for repatriation of remains and medical evacuation to the home country. (Repatriation provides transportation to your home country in the event of death.)
- Medical expenses for pregnancy, childbirth and complications of pregnancy must be treated as any other illness under the policy.
- The policy must provide Prescription Medication coverage (after co-pays) with a minimum of $500,000 per insured per policy year.
- Coverage must be valid from either August 1, 2013, or the first day of enrollment at Virginia Tech, until July 31, 2014 or, if graduating, the last day of the month of the student’s graduation.
- The policy must cover Outpatient and Inpatient Mental Health Care as any other illness.
- The policy must not have limits or internal dollar caps on coverage, including services, treatment or surgery.
- The policy must not have a pre-existing condition waiting period.

Waiver submissions will be audited by Virginia Tech, and/or their contractors or representatives. You may be required to provide, upon request, any coverage documents and/or other records demonstrating that you meet the school’s requirements for waiving the student health insurance plan.

All International and Veterinary Medicine DVM Students records will be blocked and students will be unable to register for classes until the university-sponsored insurance or alternate approved insurance is purchased. There are no exemptions from this requirement. Waivers must be remitted by the deadlines listed below.

**Category Waiver Deadline Date**
- Students enrolling for the Fall Semester- 9/30/2013
- Students enrolling for the Spring Semester- 1/31/2014

In order to avoid having a block placed on a student’s account the student must enroll in the student medical insurance program or provide details of their current comparable coverage to the Student Medical Insurance Office before the deadline.

**REFUND POLICY**

If you withdraw from school within the first 31 days of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After 31 days, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Exception: No premium refunds will be made except for situations where a Covered Person enters the armed forces of any country and will not be covered under the Policy as of the date of such entry. In this case, a pro-rata refund of premium will be made for any such person and any covered dependents upon written request received by Aetna Student Health within 90 days of withdrawal from school.

**DEPENDENT COVERAGE**

**ELIGIBILITY**

Covered students may also enroll their lawful spouse, domestic partner (same-sex and opposite-sex), any dependent under the age of 26.

If a child is covered based on being a full-time student and he/she can't attend school because of a medical condition, the plan must allow the child to stay on the plan, if certified by a physician as medically necessary, until the earlier of 12 months or coverage would otherwise terminate for the dependent.

**ENROLLMENT**

To enroll the dependent(s) of a covered student, please visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com), select Virginia Tech and follow the instructions to enroll online. The Fall enrollment deadline is September 30, 2013. Dependent enrollment applications will not be accepted after September 30, 2013 unless there is a significant life change, that directly affects their insurance coverage. (An example of a significant life change would be loss of health coverage under another health plan.)

Please contact Aetna Student Health at (866) 577-7027, with questions or for assistance in enrolling online.
NEWBORN INFANT AND ADOPTED CHILD COVERAGE
A child born to a Covered Person shall be covered for Accident, Sickness, and congenital defects including cleft lip/cleft palate or ectodermal dysplasia, for 31 days from the date of birth. At the end of this 31 day period, coverage will cease under the Virginia Tech Student Health Insurance Plan. To extend coverage for a newborn past the 31 days, the Covered Student must: 1) enroll the child within 31 days of birth, and 2) pay the additional premium, starting from the date of birth.

Coverage is provided for a child legally placed for adoption with a Covered Student for 31 days from the moment of placement provided the child lives in the household of the Covered Student, and is dependent upon the Covered Student for support. To extend coverage for an adopted child past the 31 days, the Covered Student must 1) enroll the child within 31 days of placement of such child, and 2) pay any additional premium, if necessary, starting from the date of placement.

For information or general questions on dependent enrollment, contact Aetna Student Health at, (866) 577-7027.

PREFERRED PROVIDER NETWORK
Aetna Student Health has arranged for you to access a Preferred Provider Network in your local community. Acute care facilities and mental health networks are available nationally if you require hospitalization outside the immediate area of the Virginia Tech campus.

To maximize your savings and reduce your out-of-pocket expenses, select a Preferred Provider. It is to your advantage to use a Preferred Provider because savings may be achieved from the Negotiated Charges these providers have agreed to accept as payment for their services. Preferred Providers are independent contractors, and are neither employees nor agents of Virginia Tech, Aetna Student Health, or Aetna. A complete listing of participating providers is available online at www.aetnastudenthealth.com.

You may also obtain information regarding Preferred Providers by contacting Aetna Student Health at (866) 577-7027 or through the Internet by accessing DocFind at www.aetnastudenthealth.com.

Preferred providers are independent contractors and are neither employees nor agents of Aetna Life Insurance Company, Chickering Claims Administrators, Inc. or their affiliates. Neither Aetna Life Insurance Company, Chickering Claims Administrators, Inc. nor their affiliates provide medical care or treatment and they are not responsible for outcomes. The availability of a particular provider(s) cannot be guaranteed and network composition is subject to change.

ENHANCED BENEFITS
Referrals are not required. However, students who have initiated care at Schiffert Health Center prior to seeking care in the community and have been referred to an outside provider for treatment are eligible to receive enhanced benefits for services when care is provided by a Preferred Aetna Providers as shown in Tier 1 of the benefit section of this brochure. A new referral must be obtained each policy year.

A referral is not required in the following circumstances:
• Emergency Room Services
• Treatment received when Schiffert Health Center is closed.
• Care received outside a 20 mile radius from the Blacksburg Campus
• Maternity
• Satellite Campus enrolled students
• Treatment is for an Emergency Medical Condition
• Obstetric and Gynecological Treatment
• Pediatric Care
• Preventive/Routine Services (services considered preventive according to Health Care Reform and/or services rendered not to diagnosis or treat an Accident or Sickness).

All labs and services provided at Schiffert Health Center are covered at 100%. Student should submit their itemized paid statements to Aetna Student Health for reimbursement.

Retroactive referral requests will not be accepted or processed.
PRE-CERTIFICATION PROGRAM

Pre-certification simply means calling Aetna Student Health prior to treatment to obtain approval for a medical procedure or service. Pre-certification may be done by you, your doctor, a hospital administrator, or one of your relatives. All requests for certification must be obtained by contacting Aetna Student Health’s Managed Care Department at (866) 577-7027.

- **If you do not secure pre-certification** for non emergency inpatient admissions, or provide notification for emergency admissions, your Covered Medical Expenses will be subject to a **$200 penalty** per admission Deductible.
- **If you do not secure pre-certification** for partial hospitalizations, your Covered Medical Expenses will be subject to a **$200 penalty** Deductible.

The following inpatient services require pre-certification:

- All inpatient admissions, including length of stay, to a hospital, convalescent facility, skilled nursing facility, a facility established primarily for the treatment of substance abuse, or a residential treatment facility.
- All inpatient maternity care, after the initial 48/96 hours.
- All partial hospitalization in a hospital, residential treatment facility, or facility established primarily for the treatment of substance abuse.

**Pre-Certification does not guarantee the payment of benefits for your inpatient admission.** Each claim is subject to medical policy review, in accordance with the exclusions and limitations contained in the Policy, as well as a review of eligibility, adherence to notification guidelines, and benefit coverage under the student Accident and Sickness Plan.

**Pre-Certification of Non-Emergency Inpatient Admissions and Partial Hospitalization:**
The patient, Physician or hospital must telephone at least **three (3) business days** prior to the planned admission or prior to the date the services are scheduled to begin.

**Notification of Emergency Admissions:**
The patient, patient’s representative, Physician or hospital must telephone within **one (1) business day** following inpatient (or partial hospitalization) admission.

DESCRIPTION OF BENEFITS*

Please Note:

**THE VIRGINIA TECH PLAN MAY NOT COVER ALL OF YOUR HEALTH CARE EXPENSES.**

The Plan excludes coverage for certain services and contains limitations on the amounts it will pay. Please read the Virginia Tech Plan Brochure carefully before deciding whether this Plan is right for you. While this document will tell you about some of the important features of the Plan, other features may be important to you and some may further limit what the Plan will pay. If you want to look at the full Plan description, which is contained in the Master Policy issued to Virginia Tech, you may view it at the Student Medical Insurance Office or you may contact Aetna Student Health at (866) 577-7027.

This Plan will never pay more than **$500,000 per condition per Policy Year for students or $500,000 per condition per Policy Year for dependents in a Policy Year.** Additional Plan maximums may also apply. Some illnesses may cost more to treat and health care providers may bill you for what the Plan does not cover.

Subject to the terms of the Policy, benefits are available for you and your eligible dependents only for the coverages listed below, and only up to the maximum amounts shown. Please refer to the Certificate of Coverage for a complete description of the benefits available.

All insurance coverage is subject to the terms of the Master Policy and applicable state filings. Under health care reform legislation, student health plans may be required to eliminate or modify certain existing benefit plan provisions, including, but not limited to, exclusions and limitations. Aetna reserves the right to modify its products and services in response to federal and/or state legislation, regulation or requests of government authorities.
*Benefit descriptions have been added to this brochure to help illustrate new Health Care Reform (HCR) requirements. HCR requirements are currently being filed for support in individual states and will appear in policy contracts and certificates of coverage once approved.

**SUMMARY OF BENEFITS CHART**

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<th>DEDUCTIBLES*</th>
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<td>The following Deductibles are applied before Covered Medical Expenses are payable:</td>
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<td>Students: $300 per policy year</td>
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<tr>
<td>Spouse: $300 per policy year</td>
</tr>
<tr>
<td>Child: $300 per policy year</td>
</tr>
<tr>
<td>Family: $600 per policy year</td>
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</table>

**Waiver of Annual Deductible**
In compliance with Federal Health Care Reform legislation, the Annual Deductible is waived for Preferred Care Covered Medical Expenses (refer to specific benefit types for list of services) rendered as part of the following benefit types: Routine Physical Exam Expense (Office Visits), Pap Smear Screening Expense, Mammogram Expense, Routine Screening for Sexually Transmitted Disease Expense, Routine Colorectal Cancer Screening, Routine Prostate Cancer Screening Expense, Preventive Care Immunizations (Facility or Office Visits), Well Woman Preventive Visits (Office Visits), Screening & Counseling Services (Office Visits) as illustrated under the Routine Physical Exam benefit type, Routine Cancer Screenings (Outpatient), Prenatal Care (Office Visits), Comprehensive Lactation Support and Counseling Services (Facility or Office Visits), Breast Pumps & Supplies, Family Contraceptive Counseling Services (Office Visits), Female Voluntary Sterilization (Inpatient and Outpatient).

The Policy Year Deductible is not applicable to the following covered expenses:
- Female Generic Contraceptive Devices
- Female Generic Contraceptive Prescription Drugs
- Female Over-the-Counter Contraceptive Methods

In compliance with Virginia State Mandate(s) the Annual Deductible is waived for Preventive Health Care Services up to age 7.

**COINSURANCE**
Covered Medical Expenses are payable at the coinsurance percentage specified below, after any applicable deductible, up to a maximum benefit of $500,000 per condition per Policy Year for students or $500,000 per condition per Policy Year for dependents.

**OUT OF POCKET MAXIMUMS**
Once the Individual or Family Out-of-Pocket Limit has been satisfied, Covered Medical Expenses will be payable at 100% for the remainder of the Policy Year, up to any benefit maximum that may apply.

Individual Out of Pocket: $1,500
Family Out of Pocket: $3,000

**Tier I:** When a referral is obtained, benefits will be paid at the Tier I Level when rendered by a Preferred Care provider.

**Tier II:** When a referral is not obtained but care is rendered by a Preferred Care provider, benefits will be paid at the Tier II Level.

**Tier III:** When care is rendered by a Non-Preferred Care provider, benefits will be paid at the Tier III Level.
All coverage is based on Recognized charges unless otherwise specified.

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<th>Inpatient Hospitalization Benefits</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hospital Room and Board Expense</strong></td>
<td>Covered Medical Expenses are payable as follows: Preferred Care With Referral: After a $300 copay per admission, 90% of Negotiated Charges.</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care: After a $300 copay per admission, 80% of the Negotiated Charge.</td>
<td>Covered Medical Expenses are payable as follows: Non-Preferred Care: After a $300 deductible per admission, 65% of the Recognized Charge.</td>
</tr>
<tr>
<td><strong>Intensive Care Unit Expense</strong></td>
<td>Covered Medical Expenses are payable as follows: Preferred Care With Referral: After a $300 copay per admission, 90% of Negotiated Charges.</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care: After a $300 copay per admission, 80% of the Negotiated Charge.</td>
<td>Covered Medical Expenses are payable as follows: Non-Preferred Care: After a $300 copay per admission, 65% of Recognized Charge for the Intensive Care Room Rate for an overnight stay.</td>
</tr>
<tr>
<td><strong>Miscellaneous Hospital Expense</strong></td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Preferred Care: 80% of the Negotiated Charge.</td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Non-Preferred Care: 65% of the Recognized Charge.</td>
</tr>
<tr>
<td><strong>Non-Surgical Physicians Expense</strong></td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Preferred Care: 80% of the Negotiated Charge.</td>
<td>Covered Medical Expenses include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines. Covered Medical Expenses are payable as follows: Non-Preferred Care: 65% of the Recognized Charge.</td>
</tr>
<tr>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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</tr>
<tr>
<td>Surgical Benefits (Inpatient and Outpatient)</td>
<td>Covered Medical Expenses for charges for surgical services, performed by a physician, are payable as follows:</td>
<td>Covered Medical Expenses for charges for surgical services, performed by a physician, are payable as follows:</td>
<td></td>
</tr>
<tr>
<td>Surgical Expense</td>
<td>Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Preferred Care: 80% of the Negotiated Charge.</td>
<td></td>
</tr>
<tr>
<td>Anesthesia Expenses</td>
<td>Covered Medical Expenses for the charges of Anesthesia, during a surgical procedure, are payable as follows:</td>
<td>Covered Medical Expenses for the charges of Anesthesia, during a surgical procedure, are payable as follows:</td>
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<tr>
<td></td>
<td>Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Preferred Care: 80% of the Negotiated Charge.</td>
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</tr>
<tr>
<td>Assistant Surgeon Expenses</td>
<td>Covered Medical Expenses for the charges of an assistant surgeon, during a surgical procedure, are payable as follows:</td>
<td>Covered Medical Expenses for the charges of an assistant surgeon, during a surgical procedure, are payable as follows:</td>
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<tr>
<td></td>
<td>Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Preferred Care: 80% of the Negotiated Charge.</td>
<td></td>
</tr>
<tr>
<td>Ambulatory Surgical Expense</td>
<td>Benefits are payable for Covered Medical Expenses incurred by a covered person for expenses incurred for outpatient surgery performed in a hospital outpatient surgery department or in an ambulatory surgical center.</td>
<td>Benefits are payable for Covered Medical Expenses incurred by a covered person for expenses incurred for outpatient surgery performed in a hospital outpatient surgery department or in an ambulatory surgical center.</td>
<td></td>
</tr>
<tr>
<td>Covered Medical Expenses must be incurred on the day of the surgery or within 48 hours after the surgery.</td>
<td>Covered Medical Expenses must be incurred on the day of the surgery or within 48 hours after the surgery.</td>
<td>Covered Medical Expenses must be incurred on the day of the surgery or within 48 hours after the surgery.</td>
<td></td>
</tr>
<tr>
<td>Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Preferred Care: 80% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
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</tr>
<tr>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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<tr>
<td><strong>Outpatient Benefits</strong></td>
<td><strong>Outpatient Benefits</strong></td>
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<tr>
<td><strong>Covered Medical Expenses</strong> include but are not limited to:** **Physician’s office visits, Hospital or Outpatient department or Emergency Room visits, Durable Medical Equipment, clinical lab, or radiological facility.</td>
<td><strong>Covered Medical Expenses</strong> include but are not limited to:** **Physician’s office visits, Hospital or Outpatient department or Emergency Room visits, Durable Medical Equipment, clinical lab, or radiological facility.</td>
<td><strong>Covered Medical Expenses</strong> include but are not limited to:** **Physician’s office visits, Hospital or Outpatient department or Emergency Room visits, Durable Medical Equipment, clinical lab, or radiological facility.</td>
<td></td>
</tr>
<tr>
<td><strong>Hospital Outpatient Department Expense</strong></td>
<td><strong>Benefits are payable for Covered Medical Expenses incurred by a covered person for the use of:</strong> diagnostic X-ray and laboratory services; consultants or specialists; etc.</td>
<td><strong>Benefits are payable for Covered Medical Expenses incurred by a covered person for the use of:</strong> diagnostic X-ray and laboratory services; consultants or specialists; etc.</td>
<td></td>
</tr>
<tr>
<td><strong>Covered Medical Expenses</strong> includes treatment rendered in a Hospital Outpatient Department. Covered Medical Expenses do not include Emergency Room/Urgent Care Treatment, Walk-in Clinic, Therapy Expenses, Chemotherapy and Radiation, and outpatient surgical services, including physician, anesthesia and facility charges, which are covered as outlined under the individual benefit types listed in this schedule of benefits.</td>
<td><strong>Covered Medical Expenses</strong> includes treatment rendered in a Hospital Outpatient Department. Covered Medical Expenses do not include Emergency Room/Urgent Care Treatment, Walk-in Clinic, Therapy Expenses, Chemotherapy and Radiation, and outpatient surgical services, including physician, anesthesia and facility charges, which are covered as outlined under the individual benefit types listed in this schedule of benefits.</td>
<td><strong>Covered Medical Expenses</strong> includes treatment rendered in a Hospital Outpatient Department. Covered Medical Expenses do not include Emergency Room/Urgent Care Treatment, Walk-in Clinic, Therapy Expenses, Chemotherapy and Radiation, and outpatient surgical services, including physician, anesthesia and facility charges, which are covered as outlined under the individual benefit types listed in this schedule of benefits.</td>
<td></td>
</tr>
<tr>
<td>Preferred Care With Referral: 90% of Negotiated Charges.</td>
<td>Preferred Care: 80% of Negotiated Charges.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
<td></td>
</tr>
<tr>
<td><strong>Walk-In Clinic Visit Expense</strong></td>
<td><strong>Benefits are payable for Covered Medical Expenses incurred by a covered person for the use of:</strong> diagnostic X-ray and laboratory services; consultants or specialists; etc.</td>
<td><strong>Benefits are payable for Covered Medical Expenses incurred by a covered person for the use of:</strong> diagnostic X-ray and laboratory services; consultants or specialists; etc.</td>
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</tr>
<tr>
<td><strong>Covered Medical Expenses</strong> do not include expenses incurred for an outpatient surgical facility.</td>
<td><strong>Covered Medical Expenses</strong> do not include expenses incurred for an outpatient surgical facility.</td>
<td><strong>Covered Medical Expenses</strong> do not include expenses incurred for an outpatient surgical facility.</td>
<td></td>
</tr>
<tr>
<td>Preferred Care No Referral Required: After a $10 Copay, 100% of the Negotiated Charge.</td>
<td>Preferred Care: After a $10 Copay, 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
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<tr>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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<tr>
<td>Emergency Room Expense</td>
<td>Covered Medical Expenses incurred for treatment of an Emergency Medical Condition are payable as follows: Preferred Care With Referral: After a $100 Copay (waived if admitted), 100% of the Negotiated Charge.</td>
<td>Covered Medical Expenses incurred for treatment of an Emergency Medical Condition are payable as follows: Non-Preferred Care: After a $100 Deductible (waived if admitted), 100% of the Recognized Charge.</td>
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<td>Covered Medical Expenses incurred for treatment of an Emergency Medical Condition are payable as follows: Preferred Care: After a $100 Deductible (waived if admitted), 100% the Negotiated Charge.</td>
<td>Important Note: Please note that as Non-Preferred Care Providers do not have a contract with Aetna, the provider may not accept payment of your cost share (your deductible and coinsurance) as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this Plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. Please send Aetna the bill at the address listed on the back of your member ID card and Aetna will resolve any payment dispute with the provider over that amount. Make sure your member ID number is on the bill.</td>
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<tr>
<td>Tier I</td>
<td>Tier II</td>
<td>Tier III</td>
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<tr>
<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
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<tr>
<td><strong>Urgent Care Expense</strong></td>
<td>Benefits include charges for treatment by an Urgent Care Provider.</td>
<td>Benefits include charges for treatment by an Urgent Care Provider.</td>
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<tr>
<td><strong>Please Note:</strong> A Covered Person should not seek medical care or treatment from an Urgent Care Provider if their illness, injury, or condition is an emergency condition. The Covered Person should go directly to the emergency room of a Hospital, or call 911 for ambulance and medical assistance.</td>
<td><strong>Please Note:</strong> A Covered Person should not seek medical care or treatment from an Urgent Care Provider if their illness, injury, or condition is an emergency condition. The Covered Person should go directly to the emergency room of a Hospital, or call 911 for ambulance and medical assistance.</td>
<td><strong>Please note:</strong> A Covered Person should not seek medical care or treatment from an Urgent Care Provider if their illness, injury, or condition is an emergency condition. The Covered Person should go directly to the emergency room of a Hospital, or call 911 for ambulance and medical assistance.</td>
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<tr>
<td><strong>Urgent Care</strong></td>
<td>Benefits include charges for an Urgent Care provider to evaluate and treat an urgent condition. <strong>Covered Medical Expenses</strong> for Urgent Care treatment are payable as follows:</td>
<td>Benefits include charges for an Urgent Care provider to evaluate and treat an urgent condition. <strong>Covered Medical Expenses</strong> for Urgent Care treatment are payable as follows:</td>
<td></td>
</tr>
<tr>
<td><strong>Preferred Care No Referral Required:</strong> After a $10 Copay, 100% of the Negotiated Charge.</td>
<td><strong>Preferred Care:</strong> After a $10 Deductible, 100% of the Negotiated Charge.</td>
<td><strong>Non-Preferred Care:</strong> 65% of the Recognized Charge.</td>
<td></td>
</tr>
<tr>
<td><strong>Ambulance Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> are payable for the services of a professional ambulance to or from a hospital, when required due to the emergency nature of a covered Accident.</td>
<td><strong>Covered Medical Expenses</strong> are payable for the services of a professional ambulance to or from a hospital, when required due to the emergency nature of a covered Accident.</td>
<td></td>
</tr>
<tr>
<td><strong>Preferred Care- No Referral Required:</strong> 80% of the Negotiated Charge.</td>
<td><strong>Preferred Care Without Referral:</strong> 80% of the Negotiated Charge.</td>
<td><strong>Non-Preferred Care:</strong> 80% of the Recognized Charge.</td>
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<tr>
<td><strong>Pre-Admission Testing Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> for Pre-Admission testing charges while an outpatient before scheduled surgery are payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> for Pre-Admission testing charges while an outpatient before scheduled surgery are payable as follows:</td>
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<tr>
<td><strong>Covered Medical Expenses</strong> are payable on the same basis as any other condition.</td>
<td><strong>Covered Medical Expenses</strong> are payable on the same basis as any other condition.</td>
<td><strong>Covered Medical Expenses</strong> are payable on the same basis as any other condition.</td>
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<td>Tier I</td>
<td>Tier II</td>
<td>Tier III</td>
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<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
</tr>
<tr>
<td>Physician’s Office Visits Expense</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care With Referral: After a $10 Copay, 100% of the Negotiated Charge. This benefit includes visits to specialists and reimbursement to the treating or consulting provider for the diagnosis, consultation, or treatment of the insured, delivered through telemedicine services, on the same basis that reimbursement is made for the same services through face to face consultation or contact.</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care: After a $25 Deductible, 100% the Negotiated Charge. This benefit includes visits to specialists and reimbursement to the treating or consulting provider for the diagnosis, consultation, or treatment of the insured, delivered through telemedicine services, on the same basis that reimbursement is made for the same services through face to face consultation or contact.</td>
<td>Covered Medical Expenses are payable as follows: Non-Preferred Care: 65% of the Recognized Charge. This benefit includes visits to specialists and reimbursement to the treating or consulting provider for the diagnosis, consultation, or treatment of the insured, delivered through telemedicine services, on the same basis that reimbursement is made for the same services through face to face consultation or contact.</td>
</tr>
<tr>
<td>Laboratory and X-ray Expense</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care With Referral: 90% of the Negotiated Charge.</td>
<td>Covered Medical Expenses are payable as follows: Preferred Care: 80% of the Negotiated Charge.</td>
<td>Covered Medical Expenses are payable as follows: Non-Preferred Care: 65% of the Recognized Charge.</td>
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<tr>
<td>Tier I</td>
<td>Tier II</td>
<td>Tier III</td>
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<tr>
<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
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</tbody>
</table>
| **High Cost Procedure Expense** | **Covered Medical Expenses** include charges incurred by a **covered person** for High Cost Procedures that are required as a result of **injury** or **sickness**. Expenses for High Cost Procedures; which must be provided on an outpatient basis; may be incurred in the following:  
- A **physician’s** office; or  
- **Hospital** outpatient department; or emergency room; or  
- Clinical laboratory; or  
- Radiological facility; or other similar facility; licensed by the applicable state; or the state in which the facility is located.  
**Covered Medical Expenses** for High Cost Procedures include charges for the following procedures and services:  
- C.A.T. Scan;  
- Magnetic Resonance Imaging; and  
- Contrast Materials for these tests.  
**Preferred Care With Referral**: 90% of the Negotiated Charge. | **Covered Medical Expenses** include charges incurred by a **covered person** for High Cost Procedures that are required as a result of **injury** or **sickness**. Expenses for High Cost Procedures; which must be provided on an outpatient basis; may be incurred in the following:  
- A **physician’s** office; or  
- **Hospital** outpatient department; or emergency room; or  
- Clinical laboratory; or  
- Radiological facility; or other similar facility; licensed by the applicable state; or the state in which the facility is located.  
**Covered Medical Expenses** for High Cost Procedures include charges for the following procedures and services:  
- C.A.T. Scan;  
- Magnetic Resonance Imaging; and  
- Contrast Materials for these tests.  
**Preferred Care**: 80% of the Negotiated Charge. | **Covered Medical Expenses** include charges incurred by a **covered person** for High Cost Procedures that are required as a result of **injury** or **sickness**. Expenses for High Cost Procedures; which must be provided on an outpatient basis; may be incurred in the following:  
- A **physician’s** office; or  
- **Hospital** outpatient department; or emergency room; or  
- Clinical laboratory; or  
- Radiological facility; or other similar facility; licensed by the applicable state; or the state in which the facility is located.  
**Covered Medical Expenses** for High Cost Procedures include charges for the following procedures and services:  
- C.A.T. Scan;  
- Magnetic Resonance Imaging; and  
- Contrast Materials for these tests.  
**Non-Preferred Care**: 65% of the Recognized Charge. |
<table>
<thead>
<tr>
<th>Therapy Expense</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:</td>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:</td>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:</td>
<td></td>
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<tr>
<td>- Physical therapy, - Chiropractic care, - Speech therapy, - Cardiac Rehabilitation, - Inhalation therapy, - Hearing Therapy, or - Occupational therapy.</td>
<td>- Physical therapy, - Chiropractic care, - Speech therapy, - Cardiac Rehabilitation, - Inhalation therapy, - Hearing Therapy, or - Occupational therapy.</td>
<td>- Physical therapy, - Chiropractic care, - Speech therapy, - Cardiac Rehabilitation, - Inhalation therapy, - Hearing Therapy, or - Occupational therapy.</td>
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</tr>
<tr>
<td>Expenses for Chiropractic Care are Covered Medical Expenses, if such care is related to neuromusculoskeletal conditions and conditions arising from the lack of normal nerve, muscle, and/or joint function.</td>
<td>Expenses for Chiropractic Care are Covered Medical Expenses, if such care is related to neuromusculoskeletal conditions and conditions arising from the lack of normal nerve, muscle, and/or joint function.</td>
<td>Expenses for Chiropractic Care are Covered Medical Expenses, if such care is related to neuromusculoskeletal conditions and conditions arising from the lack of normal nerve, muscle, and/or joint function.</td>
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</tr>
<tr>
<td>Expenses for Speech and Occupational Therapies are Covered Medical Expenses, only if such therapies are a result of Injury or Sickness.</td>
<td>Expenses for Speech and Occupational Therapies are Covered Medical Expenses, only if such therapies are a result of Injury or Sickness.</td>
<td>Expenses for Speech and Occupational Therapies are Covered Medical Expenses, only if such therapies are a result of Injury or Sickness.</td>
<td></td>
</tr>
<tr>
<td>All therapy must be provided by a therapist who is licensed in accordance with state law, and practicing within the scope of their license.</td>
<td>All therapy must be provided by a therapist who is licensed in accordance with state law, and practicing within the scope of their license.</td>
<td>All therapy must be provided by a therapist who is licensed in accordance with state law, and practicing within the scope of their license.</td>
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<tr>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
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<tr>
<td>Preferred Care With Referral: 90% of the Negotiated Charge.</td>
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<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
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<tr>
<td>Tier I</td>
<td>Tier II</td>
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<tr>
<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
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</tbody>
</table>
| **Chemotherapy Expense** | **Covered Medical Expenses** also include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:  
- Radiation therapy,  
- Chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy,  
- Dialysis, and  
- Respiratory therapy.  

Benefits for these types of therapies are payable for **Covered Medical Expenses** on the same basis as any other Sickness:  
Preferred Care With Referral: 90% of the Negotiated Charge.  
Coverage for orally administered anticancer medications, prescribed by a prescribing practitioner, and used to kill or slow the growth of cancerous cells, are payable on the same basis as intravenously administered anticancer medications. | **Covered Medical Expenses** also include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:  
- Radiation therapy,  
- Chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy,  
- Dialysis, and  
- Respiratory therapy.  

Benefits for these types of therapies are payable for **Covered Medical Expenses** on the same basis as any other Sickness:  
Preferred Care: 80% of the Negotiated Charge.  
Coverage for orally administered anticancer medications, prescribed by a prescribing practitioner, and used to kill or slow the growth of cancerous cells, are payable on the same basis as intravenously administered anticancer medications. | **Covered Medical Expenses** also include charges incurred by a Covered Person for the following types of therapy provided on an outpatient basis:  
- Radiation therapy,  
- Chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy,  
- Dialysis, and  
- Respiratory therapy.  

Benefits for these types of therapies are payable for **Covered Medical Expenses** on the same basis as any other Sickness:  
Non-Preferred Care: 65% of the Recognized Charge.  
Coverage for orally administered anticancer medications, prescribed by a prescribing practitioner, and used to kill or slow the growth of cancerous cells, are payable on the same basis as intravenously administered anticancer medications. |
Benefits are payable for Covered Medical Expenses incurred by a covered person as a result of renting durable medical and surgical equipment.

Covered Medical Expenses are payable as follows:
- Preferred Care With Referral: 80% of the Negotiated Charge.

Breast Feeding Durable Medical Equipment
Coverage includes the rental or purchase of breast feeding durable medical equipment for the purpose of lactation support (pumping and storage of breast milk) as follows.

- Preferred Care: 100% of the Negotiated Charge.

Breast Pump
Covered expenses include the following:
- The rental of a hospital-grade electric pump for a newborn child when the newborn child is confined in a hospital.
- The purchase of:
  - an electric breast pump (non-hospital grade), if requested within 60 days from the date of the birth of the child. A purchase will be covered once every five years following the date of the birth; or
  - a manual breast pump, if requested within 6-12 months from the date of the birth of the child. A purchase will be covered once every five years following the date of the birth.

Benefits are payable for Covered Medical Expenses incurred by a covered person as a result of renting durable medical and surgical equipment.

Covered Medical Expenses are payable as follows:
- Preferred Care: 80% of the Negotiated Charge.

Breast Feeding Durable Medical Equipment
Coverage includes the rental or purchase of breast feeding durable medical equipment for the purpose of lactation support (pumping and storage of breast milk) as follows.

- Non-Preferred Care: 80% of the Recognized Charge.

Breast Pump
Covered expenses include the following:
- The rental of a hospital-grade electric pump for a newborn child when the newborn child is confined in a hospital.
- The purchase of:
  - an electric breast pump (non-hospital grade), if requested within 60 days from the date of the birth of the child. A purchase will be covered once every five years following the date of the birth; or
  - a manual breast pump, if requested within 6-12 months from the date of the birth of the child. A purchase will be covered once every five years following the date of the birth.
<table>
<thead>
<tr>
<th>Durable Medical and Surgical Equipment Expense (continued)</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>• If an electric breast pump was purchased within the previous one period, the purchase of an electric or manual breast pump will not be covered until a five year period has elapsed from the last purchase of an electric pump.</td>
<td>• If an electric breast pump was purchased within the previous one period, the purchase of an electric or manual breast pump will not be covered until a five year period has elapsed from the last purchase of an electric pump.</td>
<td>• If an electric breast pump was purchased within the previous one period, the purchase of an electric or manual breast pump will not be covered until a five year period has elapsed from the last purchase of an electric pump.</td>
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</tbody>
</table>

**Breast Pump Supplies**
Coverage is limited to only one purchase per pregnancy in any year where a covered female would not qualify for the purchase of a new pump.

Coverage for the purchase of breast pump equipment is limited to one item of equipment, for the same or similar purpose, and the accessories and supplies needed to operate the item. The covered person is responsible for the entire cost of any additional pieces of the same or similar equipment that he or she purchases or rents for personal convenience or mobility.

*Actna* reserves the right to limit the payment of charges up to the most cost efficient and least restrictive level of service or item which can be safely and effectively provided. The decision to rent or purchase is at the discretion of *Actna*.

**Limitations:**
Unless specified above, not covered under this benefit are charges incurred for:
• Services which are covered to any extent under any other part of this Plan.

**Breast Pump Supplies**
Coverage is limited to only one purchase per pregnancy in any year where a covered female would not qualify for the purchase of a new pump.

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*Actna* reserves the right to limit the payment of charges up to the most cost efficient and least restrictive level of service or item which can be safely and effectively provided. The decision to rent or purchase is at the discretion of *Actna*.

**Limitations:**
Unless specified above, not covered under this benefit are charges incurred for:
• Services which are covered to any extent under any other part of this Plan.
<table>
<thead>
<tr>
<th>Category</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prosthetic Devices Expense</td>
<td><strong>Covered Medical Expenses</strong> include charges for: artificial limbs, or eyes, and other non-dental prosthetic devices, as a result of an accident or sickness.</td>
<td><strong>Covered Medical Expenses</strong> include charges for: artificial limbs, or eyes, and other non-dental prosthetic devices, as a result of an accident or sickness.</td>
<td><strong>Covered Medical Expenses</strong> include charges for: artificial limbs, or eyes, and other non-dental prosthetic devices, as a result of an accident or sickness.</td>
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<td><strong>Covered Medical Expenses</strong> will include wigs as required as a result of chemo or radiation therapy.</td>
<td><strong>Covered Medical Expenses</strong> will include wigs as required as a result of chemo or radiation therapy.</td>
<td><strong>Covered Medical Expenses</strong> will include wigs as required as a result of chemo or radiation therapy.</td>
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<td><strong>Covered Medical Expenses</strong> include coverage for such items as the fitting; adjustment and repair of such devices.</td>
<td><strong>Covered Medical Expenses</strong> include coverage for such items as the fitting; adjustment and repair of such devices.</td>
<td><strong>Covered Medical Expenses</strong> include coverage for such items as the fitting; adjustment and repair of such devices.</td>
</tr>
<tr>
<td></td>
<td><strong>Covered Medical Expenses do not</strong> include: eye exams, eyeglasses, vision aids, hearing aids, communication aids, and orthopedic shoes, foot orthotics, or other devices to support the feet.</td>
<td><strong>Covered Medical Expenses do not</strong> include: eye exams, eyeglasses, vision aids, hearing aids, communication aids, and orthopedic shoes, foot orthotics, or other devices to support the feet.</td>
<td><strong>Covered Medical Expenses do not</strong> include: eye exams, eyeglasses, vision aids, hearing aids, communication aids, and orthopedic shoes, foot orthotics, or other devices to support the feet.</td>
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<tr>
<td></td>
<td><strong>Covered Medical Expenses</strong> are payable as follows: Preferred Care With Referral: 80% of the Negotiated Charge.</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows: Preferred Care: 80% of the Negotiated Charge.</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows: Non-Preferred Care: 80% of the Recognized Charge.</td>
</tr>
<tr>
<td>Dental Injury Expense</td>
<td><strong>Covered Medical Expenses</strong> include dental work, surgery, and orthodontic treatment needed to remove, repair, replace, restore, or reposition: • natural teeth damaged, lost, or removed, or • other body tissues of the mouth fractured or cut due to Injury. The Accident causing the Injury must occur while the person is covered under this Plan.</td>
<td><strong>Covered Medical Expenses</strong> include dental work, surgery, and orthodontic treatment needed to remove, repair, replace, restore, or reposition: • natural teeth damaged, lost, or removed, or • other body tissues of the mouth fractured or cut due to Injury. The Accident causing the Injury must occur while the person is covered under this Plan.</td>
<td><strong>Covered Medical Expenses</strong> include dental work, surgery, and orthodontic treatment needed to remove, repair, replace, restore, or reposition: • natural teeth damaged, lost, or removed, or • other body tissues of the mouth fractured or cut due to Injury. The Accident causing the Injury must occur while the person is covered under this Plan.</td>
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<td>Tier I</td>
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<td>Preferred Care With Referral</td>
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<td>Dental Injury Expense (continued)</td>
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<td>Tier I</td>
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<tr>
<td>Preferred Care With Referral</td>
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<tr>
<td>Dental Injury Expense (continued)</td>
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</tbody>
</table>
| - Any such teeth must have been:  
  • free from decay, or  
  • in good repair, and  
  • firmly attached to the jawbone at the time of the Injury. The treatment must be done in the calendar year of the Accident or the next one. | - Any such teeth must have been:  
  • free from decay, or  
  • in good repair, and  
  • firmly attached to the jawbone at the time of the Injury. The treatment must be done in the calendar year of the Accident or the next one. | - Any such teeth must have been:  
  • free from decay, or  
  • in good repair, and  
  • firmly attached to the jawbone at the time of the Injury. The treatment must be done in the calendar year of the Accident or the next one. |
| If:  
  • crowns (caps), or  
  • dentures (false teeth), or  
  • bridgework, or  
  • in-mouth appliances, are installed due to such Injury. | If:  
  • crowns (caps), or  
  • dentures (false teeth), or  
  • bridgework, or  
  • in-mouth appliances, are installed due to such Injury. | If:  
  • crowns (caps), or  
  • dentures (false teeth), or  
  • bridgework, or  
  • in-mouth appliances, are installed due to such Injury. |
| Covered Medical Expenses include only charges for:  
  • the first denture or fixed bridgework to replace lost teeth,  
  • the first crown needed to repair each damaged tooth, and  
  • an in-mouth appliance used in the first course of orthodontic treatment after the Injury. | Covered Medical Expenses include only charges for:  
  • the first denture or fixed bridgework to replace lost teeth,  
  • the first crown needed to repair each damaged tooth, and  
  • an in-mouth appliance used in the first course of orthodontic treatment after the Injury. | Covered Medical Expenses include only charges for:  
  • the first denture or fixed bridgework to replace lost teeth,  
  • the first crown needed to repair each damaged tooth, and  
  • an in-mouth appliance used in the first course of orthodontic treatment after the Injury. |
| Surgery needed to:  
  • Treat a fracture, dislocation, or wound.  
  • Cut out cysts, tumors, or other diseased tissues.  
  • Alter the jaw, jaw joints, or bite relationships by a cutting procedure when appliance therapy alone cannot result in functional improvement. | Surgery needed to:  
  • Treat a fracture, dislocation, or wound.  
  • Cut out cysts, tumors, or other diseased tissues.  
  • Alter the jaw, jaw joints, or bite relationships by a cutting procedure when appliance therapy alone cannot result in functional improvement. | Surgery needed to:  
  • Treat a fracture, dislocation, or wound.  
  • Cut out cysts, tumors, or other diseased tissues.  
  • Alter the jaw, jaw joints, or bite relationships by a cutting procedure when appliance therapy alone cannot result in functional improvement. |
| Non-surgical treatment of infections or diseases. This does not include those of, or related to, the teeth. | Non-surgical treatment of infections or diseases. This does not include those of, or related to, the teeth. | Non-surgical treatment of infections or diseases. This does not include those of, or related to, the teeth. |
| Covered Medical Expenses are payable as follows:  
  Preferred Care With Referral: 80% of the Actual Charge. | Covered Medical Expenses are payable as follows:  
  Preferred Care: 80% of the Actual Charge. | Covered Medical Expenses are payable as follows:  
  Non-Preferred Care: 80% of the Actual Charge. |
<table>
<thead>
<tr>
<th>Impacted Wisdom Teeth Expense</th>
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<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
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<tr>
<td>Covered Medical Expenses for removal of one or more impacted wisdom teeth are payable as follows: Preferred Care With Referral: 80% of the Actual Charge</td>
<td>Covered Medical Expenses for removal of one or more impacted wisdom teeth are payable as follows: Preferred Care: 80% of the Actual Charge.</td>
<td>Covered Medical Expenses for removal of one or more impacted wisdom teeth are payable as follows: Preferred Care: 80% of the Actual Charge.</td>
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</tr>
<tr>
<td>Impacted Wisdom Teeth Expense</td>
<td>Covered Medical Expenses will include medically necessary general anesthesia and hospitalization or facilities charges for a licensed outpatient surgery facility for dental care if it is determined by provider that patient requires general anesthesia and admission to a hospital or outpatient surgery facility in order to effectively and safely provide dental care. It is provided for those covered persons under the age of five, severely disabled individuals, or persons who have a medical condition and requires admission to a hospital or outpatient surgery facility and general anesthesia for dental care treatment. Medical necessity is determined by the treating provider as to whether age, physical condition or mental condition of the covered person requires authorization for general anesthesia and the admission to a hospital or outpatient surgery facility to safely provide dental care. Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Covered Medical Expenses will include medically necessary general anesthesia and hospitalization or facilities charges for a licensed outpatient surgery facility for dental care if it is determined by provider that patient requires general anesthesia and admission to a hospital or outpatient surgery facility in order to effectively and safely provide dental care. It is provided for those covered persons under the age of five, severely disabled individuals, or persons who have a medical condition and requires admission to a hospital or outpatient surgery facility and general anesthesia for dental care treatment. Medical necessity is determined by the treating provider as to whether age, physical condition or mental condition of the covered person requires authorization for general anesthesia and the admission to a hospital or outpatient surgery facility to safely provide dental care. Covered Medical Expenses are payable on the same basis as any other sickness.</td>
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<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
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<tr>
<td><strong>Diagnostic Testing for Attention Disorders and Learning Disabilities Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> for diagnostic testing only for:  - attention deficit disorder, or  - attention deficit hyperactive disorder.  <strong>Covered Medical Expenses</strong> are payable as follows:  - Preferred Care With Referral: 80% of the Negotiated Charge. Once a covered person has been diagnosed with one of these conditions, medical treatment will be payable as detailed under the outpatient Treatment of Mental and Nervous Disorders portion of this Plan.</td>
<td><strong>Covered Medical Expenses</strong> for diagnostic testing only for:  - attention deficit disorder, or  - attention deficit hyperactive disorder.  <strong>Covered Medical Expenses</strong> are payable as follows:  - Preferred Care: 80% of the Negotiated Charge. Once a covered person has been diagnosed with one of these conditions, medical treatment will be payable as detailed under the outpatient Treatment of Mental and Nervous Disorders portion of this Plan.</td>
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</tr>
<tr>
<td><strong>Allergy Testing and Treatment Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> include, but are not limited to, charges for the following:  - laboratory tests,  - physician office visits, including visits to administer injections,  - prescribed medications for testing and treatment of the allergy, including any equipment used in the administration of prescribed medication, and  - other medically necessary supplies and services.  <strong>Covered Medical Expenses</strong> are payable as follows:  - Preferred Care With Referral: 80% of the Negotiated Charge.</td>
<td><strong>Covered Medical Expenses</strong> include charges incurred for diagnostic testing and treatment of allergies and immunology services.  <strong>Covered Medical Expenses</strong> include, but are not limited to, charges for the following:  - laboratory tests,  - physician office visits, including visits to administer injections,  - prescribed medications for testing and treatment of the allergy, including any equipment used in the administration of prescribed medication, and  - other medically necessary supplies and services.  <strong>Covered Medical Expenses</strong> are payable as follows:  - Preferred Care: 80% of the Negotiated Charge.  <strong>Covered Medical Expenses</strong> include charges incurred for diagnostic testing and treatment of allergies and immunology services.  <strong>Covered Medical Expenses</strong> include, but are not limited to, charges for the following:  - laboratory tests,  - physician office visits, including visits to administer injections,  - prescribed medications for testing and treatment of the allergy, including any equipment used in the administration of prescribed medication, and  - other medically necessary supplies and services.  <strong>Covered Medical Expenses</strong> are payable as follows:  - Non-Preferred Care: 65% of the Recognized Charge.</td>
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</table>
| Routine Physical Exam Expense | Benefits include expenses for a routine physical exam performed by a physician. If charges for a routine physical exam given to a child who is a covered dependent are covered under any other benefit section, those charges will not be covered under this section. A routine physical exam is a medical exam given by a physician, for a reason other than to diagnose or treat a suspected or identified injury or sickness. Included as a part of the exam are:  
- Routine vision and hearing screenings given as part of the routine physical exam.  
- X-rays, lab, and other tests given in connection with the exam, and  
- Materials for the administration of immunizations for infectious disease and testing for tuberculosis.  
Preferred Care with Referral: visits are payable at 100% of the Negotiated Charge.  
Preferred Care with Referral: immunizations are payable at 100% of the Negotiated Charge.  
- In addition to any state regulations or guidelines regarding mandated Routine Physical Exam services, Covered Medical Expenses include services rendered in conjunction with,  
- Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force. | Tier II Preferred Care Without Referral | Benefits include expenses for a routine physical exam performed by a physician. If charges for a routine physical exam given to a child who is a covered dependent are covered under any other benefit section, those charges will not be covered under this section. A routine physical exam is a medical exam given by a physician, for a reason other than to diagnose or treat a suspected or identified injury or sickness. Included as a part of the exam are:  
- Routine vision and hearing screenings given as part of the routine physical exam.  
- X-rays, lab, and other tests given in connection with the exam, and  
- Materials for the administration of immunizations for infectious disease and testing for tuberculosis.  
Preferred Care: visits are payable at 100% of the Negotiated Charge.  
Preferred Care: immunizations are payable at 100% of the Negotiated Charge.  
- In addition to any state regulations or guidelines regarding mandated Routine Physical Exam services, Covered Medical Expenses include services rendered in conjunction with,  
- Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force. | Tier III Non-Preferred Care | Benefits include expenses for a routine physical exam performed by a physician. If charges for a routine physical exam given to a child who is a covered dependent are covered under any other benefit section, those charges will not be covered under this section. A routine physical exam is a medical exam given by a physician, for a reason other than to diagnose or treat a suspected or identified injury or sickness. Included as a part of the exam are:  
- Routine vision and hearing screenings given as part of the routine physical exam.  
- X-rays, lab, and other tests given in connection with the exam, and  
- Materials for the administration of immunizations for infectious disease and testing for tuberculosis.  
Non-Preferred Care: visits are payable at 100% of the Recognized Charge.  
Non-Preferred Care: immunizations are payable at 100% of the Recognized Charge.  
- In addition to any state regulations or guidelines regarding mandated Routine Physical Exam services, Covered Medical Expenses include services rendered in conjunction with,  
- Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force. |
<table>
<thead>
<tr>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
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<tbody>
<tr>
<td><strong>Routine Physical Exam Expense (continued)</strong></td>
<td><strong>For females, screenings and counseling services as provided for in the comprehensive guidelines recommended by the Health Resources and Services Administration. These services may include but are not limited to:</strong>*&lt;br&gt;• Screening and counseling services, such as:&lt;br&gt;  o Interpersonal and domestic violence; Sexually transmitted diseases; and Human Immune Deficiency Virus (HIV) infections.&lt;br&gt;  o Screening for gestational diabetes.&lt;br&gt;• High risk Human Papillomavirus (HPV) DNA testing for women age 18 and older and limited to once every three years.</td>
<td><strong>For females, screenings and counseling services as provided for in the comprehensive guidelines recommended by the Health Resources and Services Administration. These services may include but are not limited to:</strong>&lt;br&gt;• Screening and counseling services, such as:&lt;br&gt;  o Interpersonal and domestic violence; Sexually transmitted diseases; and Human Immune Deficiency Virus (HIV) infections.&lt;br&gt;  o Screening for gestational diabetes.&lt;br&gt;• High risk Human Papillomavirus (HPV) DNA testing for women age 18 and older and limited to once every three years.</td>
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<td>• X-rays, lab and other tests given in connection with the exam.</td>
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<tr>
<td>• Immunizations for infectious diseases and the materials for administration of immunizations that have been recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.</td>
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<tr>
<td>• If the plan includes dependent coverage, for covered newborns, an initial <strong>hospital</strong> checkup.</td>
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<tr>
<td>Routine Physical Exam Expense (continued)</td>
<td>For a child who is a covered dependent: The physical exam must include at least: • A review and written record of the patient’s complete medical history, • A check of all body systems, and • A review and discussion of the exam results with the patient or with the parent or guardian. For all exams given to covered dependent under age 2. Covered Medical Expenses will not include charges for the following: • More than 6 exams performed during the first year of the child’s life. • More than 2 exams performed during the second year of the child’s life. For all exams given to a covered dependent from age 2 and over, Covered Medical Expenses will not include charges for more than one exam in 12 months in a row. For all exams given to a covered student or a spouse who is a covered dependent, Covered Medical Expenses will not include charges for more than: • One exam in 12 months in a row. Covered Medical Expenses incurred by a woman, are charges made by a physician for, • one annual routine gynecological exam.</td>
<td>For a child who is a covered dependent: The physical exam must include at least: • A review and written record of the patient’s complete medical history, • A check of all body systems, and • A review and discussion of the exam results with the patient or with the parent or guardian. For all exams given to covered dependent under age 2. Covered Medical Expenses will not include charges for the following: • More than 6 exams performed during the first year of the child’s life, • More than 2 exams performed during the second year of the child’s life. For all exams given to a covered dependent from age 2 and over, Covered Medical Expenses will not include charges for more than one exam in 12 months in a row. For all exams given to a covered student or a spouse who is a covered dependent, Covered Medical Expenses will not include charges for more than: • One exam in 12 months in a row. Covered Medical Expenses incurred by a woman, are charges made by a physician for, • one annual routine gynecological exam.</td>
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<td>Routine Physical Exam Expense (continued)</td>
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<td>Covered Medical Expenses incurred by a woman, are charges made by a physician for,</td>
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<td>one annual routine gynecological exam.</td>
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<td>Screening and Counseling Services:</td>
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<td>Covered Medical Expenses include charges made by a physician in an individual or group setting for the following:</td>
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<td>Obesity</td>
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<td>Screening and counseling services to aid in weight reduction due to obesity. Coverage includes:</td>
<td>Screening and counseling services to aid in weight reduction due to obesity. Coverage includes:</td>
<td>Screening and counseling services to aid in weight reduction due to obesity. Coverage includes:</td>
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<td>• Preventive counseling visits and/or risk factor reduction intervention;</td>
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<td>• Medical nutrition therapy;</td>
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<td>• Nutritional counseling; and</td>
<td>• Nutritional counseling; and</td>
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<td>• Healthy diet counseling visits provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease.</td>
<td>• Healthy diet counseling visits provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease.</td>
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<tr>
<td>Misuse of Alcohol and/or Drugs</td>
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<tr>
<td>Screening and counseling services to aid in the prevention or reduction of the use of an alcohol agent or controlled substance. Coverage includes preventive counseling visits, risk factor reduction intervention and a structured assessment.</td>
<td>Screening and counseling services to aid in the prevention or reduction of the use of an alcohol agent or controlled substance. Coverage includes preventive counseling visits, risk factor reduction intervention and a structured assessment.</td>
<td>Screening and counseling services to aid in the prevention or reduction of the use of an alcohol agent or controlled substance. Coverage includes preventive counseling visits, risk factor reduction intervention and a structured assessment.</td>
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<tr>
<td>Use of Tobacco Products</td>
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<tr>
<td>Screening and counseling services to aid a covered person to stop the use of tobacco products.</td>
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<tr>
<td>Routine Physical</td>
<td>Coverage includes: Preventive counseling visits; Treatment visits; and Class visits; to aid a covered person to stop the use of tobacco products.</td>
<td>Coverage includes: Preventive counseling visits; Treatment visits; and Class visits; to aid a covered person to stop the use of tobacco products.</td>
</tr>
<tr>
<td>Exam Expense (continued)</td>
<td>Tobacco product means a substance containing tobacco or nicotine including: cigarettes; cigars; smoking tobacco; snuff; smokeless tobacco; and candy-like products that contain tobacco.</td>
<td>Tobacco product means a substance containing tobacco or nicotine including: cigarettes; cigars; smoking tobacco; snuff; smokeless tobacco; and candy-like products that contain tobacco.</td>
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<td><strong>Limitations</strong></td>
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<td></td>
<td>Unless specified above, not covered under this Screening and Counseling Services benefit are charges incurred for: Services which are covered to any extent under any other part of this Plan.</td>
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<td>Tier I</td>
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<tr>
<td>Preferred Care</td>
<td>include charges incurred by a covered person for Well Baby Care. Well Baby Care includes routine preventive and primary care services; rendered to a covered dependent child on an outpatient basis.</td>
<td>include charges incurred by a covered person for Well Baby Care. Well Baby Care includes routine preventive and primary care services; rendered to a covered dependent child on an outpatient basis.</td>
</tr>
<tr>
<td>With Referral</td>
<td>Routine preventive and primary care services are services rendered to a covered dependent child of a covered person; from the date of birth through the attainment of two (2) years of age. Services include: initial hospital check-ups; other hospital visits; physical examinations; including routine hearing and vision examinations; medical history; developmental assessments; and materials for the administration of appropriate and necessary immunizations and laboratory tests; when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics. Also included are all necessary audiological examinations using any technology approved by the United States Food and Drug Administration, and as recommended by the national Joint Committee on Infant Hearing, as well as any follow-up audiological examinations as recommended by a physician or audiologist and performed by a licensed audiologist to confirm the existence or absence of hearing loss.</td>
<td>Routine preventive and primary care services are services rendered to a covered dependent child of a covered person; from the date of birth through the attainment of two (2) years of age. Services include: initial hospital check-ups; other hospital visits; physical examinations; including routine hearing and vision examinations; medical history; developmental assessments; and materials for the administration of appropriate and necessary immunizations and laboratory tests; when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics. Also included are all necessary audiological examinations using any technology approved by the United States Food and Drug Administration, and as recommended by the national Joint Committee on Infant Hearing, as well as any follow-up audiological examinations as recommended by a physician or audiologist and performed by a licensed audiologist to confirm the existence or absence of hearing loss.</td>
</tr>
<tr>
<td>Non-Preferred Care</td>
<td>Preferred Care with Referral: 100% of the Negotiated Charge. Benefits are payable for scheduled visits in accordance with the prevailing clinical standards of the American Academy of Pediatrics.</td>
<td>Preferred Care: 100% of the Negotiated Charge. Benefits are payable for scheduled visits in accordance with the prevailing clinical standards of the American Academy of Pediatrics.</td>
</tr>
<tr>
<td>Tier I</td>
<td>Tier II</td>
<td>Tier III</td>
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<tr>
<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
</tr>
<tr>
<td>Early Intervention Services Expense</td>
<td>Covered Medical Expenses: even though they may not be incurred in connection with a disease or injury. They are included only for: a dependent child under the age of 3 years who has been certified by the Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services as eligible for services under Part H of the Individuals with Disabilities Act. You must submit proof of such certification with the initial claim.</td>
<td>Covered Medical Expenses: even though they may not be incurred in connection with a disease or injury. They are included only for: a dependent child under the age of 3 years who has been certified by the Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services as eligible for services under Part H of the Individuals with Disabilities Act. You must submit proof of such certification with the initial claim.</td>
</tr>
<tr>
<td>Early Intervention Services: These are services designed to help an individual attain or retain the capability to function age-appropriately within his or her environment, including services that enhance functional ability without effecting a cure. They include, but are not limited to, the following:</td>
<td>Early Intervention Services: These are services designed to help an individual attain or retain the capability to function age-appropriately within his or her environment, including services that enhance functional ability without effecting a cure. They include, but are not limited to, the following:</td>
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</tr>
<tr>
<td>• Speech and language therapy given in connection with a speech impairment: which results from a congenital abnormality, disease, or injury.</td>
<td>• Speech and language therapy given in connection with a speech impairment: which results from a congenital abnormality, disease, or injury.</td>
<td>• Speech and language therapy given in connection with a speech impairment: which results from a congenital abnormality, disease, or injury.</td>
</tr>
<tr>
<td>• Occupational or physical therapy expected to result in significant improvement of a body function: impaired by a congenital abnormality, disease, or injury.</td>
<td>• Occupational or physical therapy expected to result in significant improvement of a body function: impaired by a congenital abnormality, disease, or injury.</td>
<td>• Occupational or physical therapy expected to result in significant improvement of a body function: impaired by a congenital abnormality, disease, or injury.</td>
</tr>
<tr>
<td>• Assistive technology services.</td>
<td>• Assistive technology services.</td>
<td>• Assistive technology services.</td>
</tr>
<tr>
<td>Preferred Care with Referral: Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Preferred Care: Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Non-Preferred Care: Covered Medical Expenses are payable on the same basis as any other sickness.</td>
</tr>
</tbody>
</table>
### Preventive Health Care Services

#### Covered Medical Expenses

Covered Medical Expenses include charges incurred by a **covered person** for Preventive Health Care Services which includes routine preventive and primary care services, rendered to a **covered dependent** child under 7 years of age on an outpatient basis.

#### Preventive Health Care Services

These are services provided for a routine physical exam of the child. Included are:

- A review and written record of the child’s complete medical history.
- Taking measurements and blood pressure.
- Developmental and behavioral assessment.
- Vision and hearing screening.
- Other diagnostic screening tests including:
  - one series of hereditary and metabolic tests performed at birth,
  - urinalysis, tuberculin test, and blood tests such as hematocrit and hemoglobin tests.
- Immunizations for infectious disease.
- Counseling and guidance of the child and the child’s parents or guardian on the results of the physical exam.

**Covered Medical Expenses** will only include charges incurred for:

- The first 9 exams performed during the first 2 years of the child’s life.
- One exam performed during each year of life thereafter through age 6.

**Covered Medical Expenses** are payable as follows:

- Preferred Care with Referral: **100%** of the Negotiated Charge.
- Non-Preferred Care: **100%** of the Recognized Charge.
<table>
<thead>
<tr>
<th>Tier I</th>
<th>Tier II</th>
<th>Tier III</th>
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<tbody>
<tr>
<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
</tr>
</tbody>
</table>

**Immunization Expense**

- **Covered Medical Expenses** include charges for all routine and necessary immunizations such as (diphtheria, pertussis, tetanus, polio, hepatitis B, measles, mumps, rubella, and such other immunizations as may be prescribed by the Commissioner of Health) for newborn children to age 3, and
  - charges incurred by a covered student and dependent spouse for the materials for the administration of **medically necessary** immunizations, and testing for tuberculosis, and
  - charges incurred by a covered dependent up to age 19, for the materials for the administration of **medically necessary** immunizations, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.

- **Covered Medical Expenses** are payable as follows:
  - Preferred Care with Referral: **100%** of the Negotiated Charge.
  - Covered Medical Expenses do not include a physician’s office visit in connection with immunization or testing for tuberculosis.

- **Covered Medical Expenses** include charges for all routine and necessary immunizations such as (diphtheria, pertussis, tetanus, polio, hepatitis B, measles, mumps, rubella, and such other immunizations as may be prescribed by the Commissioner of Health) for newborn children to age 3, and
  - charges incurred by a covered student and dependent spouse for the materials for the administration of **medically necessary** immunizations, and testing for tuberculosis, and
  - charges incurred by a covered dependent up to age 19, for the materials for the administration of **medically necessary** immunizations, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.

- **Covered Medical Expenses** are payable as follows:
  - Preferred Care: **100%** of the Negotiated Charge.
  - Covered Medical Expenses do not include a physician’s office visit in connection with immunization or testing for tuberculosis.

- **Covered Medical Expenses** include charges for all routine and necessary immunizations such as (diphtheria, pertussis, tetanus, polio, hepatitis B, measles, mumps, rubella, and such other immunizations as may be prescribed by the Commissioner of Health) for newborn children to age 3, and
  - charges incurred by a covered student and dependent spouse for the materials for the administration of **medically necessary** immunizations, and testing for tuberculosis, and
  - charges incurred by a covered dependent up to age 19, for the materials for the administration of **medically necessary** immunizations, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.

- Covered Medical Expenses are payable as follows:
  - Non-Preferred Care: **100%** of the Recognized Charge.

- Covered Medical Expenses do not include a physician’s office visit in connection with immunization or testing for tuberculosis.
<table>
<thead>
<tr>
<th>Tier I</th>
<th>Tier II</th>
<th>Tier III</th>
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<tbody>
<tr>
<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
</tr>
<tr>
<td><strong>Child Immunization Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> include charges for all routine and necessary immunizations such as (diphtheria, pertussis, tetanus, polio, hepatitis B, measles, mumps, rubella, and such other immunizations as may be prescribed by the Commissioner of Health) for newborn children to age 3, and</td>
<td><strong>Covered Medical Expenses</strong> include charges for all routine and necessary immunizations such as (diphtheria, pertussis, tetanus, polio, hepatitis B, measles, mumps, rubella, and such other immunizations as may be prescribed by the Commissioner of Health) for newborn children to age 3, and</td>
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<td></td>
<td>• charges incurred by a covered student and dependent spouse for the materials for the administration of appropriate and <strong>medically necessary</strong> immunizations, and testing for tuberculosis, and</td>
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<td>• charges incurred by a covered dependent up to age 19, for the materials for the administration of appropriate and <strong>medically necessary</strong> immunizations, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.</td>
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<tr>
<td><strong>Newborn Hearing Screening Expense</strong></td>
<td><strong>Coverage for infant hearing screenings and all necessary audiological examinations for newborn children.</strong></td>
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<tr>
<td><strong>Covered Medical Expenses are payable as follows:</strong></td>
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<td><strong>Coverage for infant hearing screenings and all necessary audiological examinations for newborn children.</strong></td>
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<td>Preferred Care with Referral: 100% of the Negotiated Charge.</td>
<td>Preferred Care: 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 100% of the Recognized Charge.</td>
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<tr>
<td>Consultant Expense</td>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
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<td>Covered Medical Expenses include the expenses for the services of a consultant or specialist, when referred by the Student Health Services. The services must be requested by the attending physician for the purpose of confirming or determining to confirm or determine a diagnosis.</td>
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<td>Covered Medical Expenses are covered as follows:</td>
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<td>Preferred Care With Referral: 80% of Negotiated Rate.</td>
<td>Preferred Care: 80% of Negotiated Rate.</td>
<td>Non-Preferred Care: 80% of the Recognized Charge.</td>
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</table>

**Mental Health and Substance Abuse Benefits**

**Biologically-Based Mental Disorders Inpatient Expense**

**Covered Medical Expenses** for the diagnosis and treatment of biologically based mental illnesses are payable as follows:

- Preferred Care With Referral: After a $300 Copay, 90% of the Negotiated Charge.

The following diagnoses are defined as biologically based mental illness as they apply to adults and children:
- Schizophrenia,
- Schizoaffective disorder,
- Bipolar disorder,
- Major depressive disorder,
- Panic disorder,
- Obsessive-compulsive disorder,
- Attention deficit hyperactivity disorder (ADHD), and
- Drug and alcoholism addiction.

**Covered Medical Expenses** for the diagnosis and treatment of biologically based mental illnesses are payable as follows:

- Preferred Care: After a $300 Copay, 80% of the Negotiated Charge.

The following diagnoses are defined as biologically based mental illness as they apply to adults and children:
- Schizophrenia,
- Schizoaffective disorder,
- Bipolar disorder,
- Major depressive disorder,
- Panic disorder,
- Obsessive-compulsive disorder,
- Attention deficit hyperactivity disorder (ADHD), and
- Drug and alcoholism addiction.

**Covered Medical Expenses** for the diagnosis and treatment of biologically based mental illnesses are payable as follows:

- Non-Preferred Care: After a $300 Deductible, 65% of the Recognized Charge.

The following diagnoses are defined as biologically based mental illness as they apply to adults and children:
- Schizophrenia,
- Schizoaffective disorder,
- Bipolar disorder,
- Major depressive disorder,
- Panic disorder,
- Obsessive-compulsive disorder,
- Attention deficit hyperactivity disorder (ADHD), and
- Drug and alcoholism addiction.
<table>
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<tr>
<th>Biologically-Based Mental Disorders Outpatient Expense</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
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<tr>
<td>Covered Medical Expenses for the diagnosis and treatment of biologically based mental illnesses are payable as follows:</td>
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<tr>
<td>Preferred Care With Referral: After a $10 copay, 100% of the Negotiated Charge.</td>
<td>Preferred Care: After a $25 copay, 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
<td>Non-Preferred Care:</td>
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<td>The following diagnoses are defined as biologically based mental illness as they apply to adults and children:</td>
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<td>• Schizophrenia,</td>
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<tr>
<td>• Schizoaffective disorder,</td>
<td>• Schizoaffective disorder,</td>
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<td>• Bipolar disorder,</td>
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<td>• Major depressive disorder,</td>
<td>• Major depressive disorder,</td>
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<td>• Panic disorder,</td>
<td>• Panic disorder,</td>
<td>• Panic disorder,</td>
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<tr>
<td>• Obsessive-compulsive disorder,</td>
<td>• Obsessive-compulsive disorder,</td>
<td>• Obsessive-compulsive disorder,</td>
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<tr>
<td>• Attention deficit hyperactivity disorder (ADHD), and</td>
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<tr>
<td>• Drug and alcoholism addiction.</td>
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<td>• Drug and alcoholism addiction.</td>
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</tr>
<tr>
<td>Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse Inpatient Expense</td>
<td>Covered Medical Expenses for the Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse while confined as an inpatient in a hospital or facility licensed for such treatment are payable as follows:</td>
<td>Covered Medical Expenses for the Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse while confined as an inpatient in a hospital or facility licensed for such treatment are payable as follows:</td>
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<td>Preferred Care With Referral: After a $300 Copay, 90% of the Negotiated Charge.</td>
<td>Preferred Care: After a $300 Copay, 80% of the Negotiated Charge.</td>
<td>Non-Preferred Care: After a $300 Deductible, 65% of the Recognized Charge.</td>
<td>Non-Preferred Care:</td>
</tr>
<tr>
<td>Covered Medical Expenses also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization.</td>
<td>Covered Medical Expenses also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization.</td>
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</tr>
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<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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<tr>
<td><strong>Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse Expense</strong></td>
<td><strong>Medication management visits</strong> shall be covered in the same manner as a medication management visit for the treatment of physical illness and shall not be counted as an outpatient treatment visit.</td>
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<tr>
<td>Covered Medical Expenses for outpatient Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse are payable as follows:</td>
<td>Covered Medical Expenses for outpatient Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse are payable as follows:</td>
<td>Covered Medical Expenses for outpatient Treatment of Non-Biologically Based Mental and Nervous Disorders, Alcoholism, or Substance Abuse are payable as follows:</td>
<td></td>
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<td>Preferred Care With Referral: After a $10 copay, 100% of the Negotiated Charge.</td>
<td>Preferred Care: After a $25 copay, 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
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</tr>
<tr>
<td><strong>Autism Spectrum Disorder Expense</strong></td>
<td><strong>Medication management visits</strong> shall be covered in the same manner as a medication management visit for the treatment of physical illness and shall not be counted as an outpatient treatment visit.</td>
<td><strong>Medication management visits</strong> shall be covered in the same manner as a medication management visit for the treatment of physical illness and shall not be counted as an outpatient treatment visit.</td>
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<tr>
<td>Covered Medical Expenses include coverage for the diagnosis and treatment of autism spectrum disorder in individuals age 2 through 6.</td>
<td>Covered Medical Expenses include coverage for the diagnosis and treatment of autism spectrum disorder in individuals age 2 through 6.</td>
<td>Covered Medical Expenses include coverage for the diagnosis and treatment of autism spectrum disorder in individuals age 2 through 6.</td>
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<tr>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
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<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
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</tr>
<tr>
<td>Maternity Benefits</td>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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<tr>
<td>Maternity Expense</td>
<td>Covered Medical Expenses include inpatient care of the covered person and any newborn child for a minimum of 48 hours after a vaginal delivery and for a minimum of 96 hours after a cesarean delivery. Any decision to shorten such minimum coverages shall be made by the attending Physician in consultation with the mother. In such cases, covered services may include: home visits, parent education, and assistance and training in breast or bottle feeding. Covered Medical Expenses for pregnancy, childbirth, and complications of pregnancy are payable on the same basis as any other sickness.</td>
<td>Covered Medical Expenses include inpatient care of the covered person and any newborn child for a minimum of 48 hours after a vaginal delivery and for a minimum of 96 hours after a cesarean delivery. Any decision to shorten such minimum coverages shall be made by the attending Physician in consultation with the mother. In such cases, covered services may include: home visits, parent education, and assistance and training in breast or bottle feeding. Covered Medical Expenses for pregnancy, childbirth, and complications of pregnancy are payable on the same basis as any other sickness.</td>
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</tr>
<tr>
<td>Prenatal Care</td>
<td>Prenatal care will be covered for services received by a pregnant female in a physician’s, obstetrician’s, or gynecologist’s office but only to the extent described below.</td>
<td>Prenatal care will be covered for services received by a pregnant female in a physician’s, obstetrician’s, or gynecologist’s office but only to the extent described below.</td>
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<td>Coverage for prenatal care under this benefit is limited to pregnancy-related physician office visits including the initial and subsequent history and physical exams of the pregnant woman (maternal weight, blood pressure and fetal heart rate check). Comprehensive Lactation Support and Counseling Services Covered Medical Expenses will include comprehensive lactation support (assistance and training in breast feeding) and counseling services provided to females during pregnancy.</td>
<td>Coverage for prenatal care under this benefit is limited to pregnancy-related physician office visits including the initial and subsequent history and physical exams of the pregnant woman (maternal weight, blood pressure and fetal heart rate check). Comprehensive Lactation Support and Counseling Services Covered Medical Expenses will include comprehensive lactation support (assistance and training in breast feeding) and counseling services provided to females during pregnancy.</td>
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<thead>
<tr>
<th>Maternity Expense (continued)</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
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<tbody>
<tr>
<td>Pregnancy and in the postpartum period by a certified lactation support provider. The “postpartum period” means the 60 day period directly following the child’s date of birth. <strong>Covered expenses</strong> incurred during the post-partum period also include the rental or purchase of breast feeding equipment as described below. Lactation support and lactation counseling services are <strong>covered expenses</strong> when provided in either a group or individual setting. <strong>Covered Medical Expenses</strong> for Prenatal Care and Comprehensive Lactation Support and Counseling Services are payable as follows: <strong>Preferred Care:</strong> 100% of the Negotiated Charge.</td>
<td>Pregnancy and in the postpartum period by a certified lactation support provider. The “postpartum period” means the 60 day period directly following the child’s date of birth. <strong>Covered expenses</strong> incurred during the post-partum period also include the rental or purchase of breast feeding equipment as described below. Lactation support and lactation counseling services are <strong>covered expenses</strong> when provided in either a group or individual setting. <strong>Covered Medical Expenses</strong> for Prenatal Care and Comprehensive Lactation Support and Counseling Services are payable as follows: <strong>Preferred Care:</strong> 100% of the Negotiated Charge.</td>
<td>Pregnancy and in the postpartum period by a certified lactation support provider. The “postpartum period” means the 60 day period directly following the child’s date of birth. <strong>Covered expenses</strong> incurred during the post-partum period also include the rental or purchase of breast feeding equipment as described below. Lactation support and lactation counseling services are <strong>covered expenses</strong> when provided in either a group or individual setting. <strong>Covered Medical Expenses</strong> for Prenatal Care and Comprehensive Lactation Support and Counseling Services are payable as follows: <strong>Non-Preferred Care:</strong> 65% of the Recognized Charge.</td>
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<tr>
<td>Benefits include charges for routine care of a Covered Person’s newborn child as follows:</td>
<td>Benefits include charges for routine care of a Covered Person’s newborn child as follows:</td>
<td>Benefits include charges for routine care of a Covered Person’s newborn child as follows:</td>
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<tr>
<td>- Hospital charges for routine nursery care during the mother’s confinement, but for not more than four days for a normal delivery, - Physician’s charges for circumcision, and - Physician’s charges for visits to the newborn child in the Hospital and consultations, but for not more than 1 visit per day.</td>
<td>- Hospital charges for routine nursery care during the mother’s confinement, but for not more than four days for a normal delivery, - Physician’s charges for circumcision, and - Physician’s charges for visits to the newborn child in the Hospital and consultations, but for not more than 1 visit per day.</td>
<td>- Hospital charges for routine nursery care during the mother’s confinement, but for not more than four days for a normal delivery, - Physician’s charges for circumcision, and - Physician’s charges for visits to the newborn child in the Hospital and consultations, but for not more than 1 visit per day.</td>
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<tr>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> are payable as follows:</td>
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</tr>
<tr>
<td><strong>Preferred Care With Referral:</strong> 90% of Negotiated Charges.</td>
<td><strong>Preferred Care:</strong> 80% of the Negotiated Charge.</td>
<td><strong>Non-Preferred Care:</strong> 65% of the Recognized Charge.</td>
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<tr>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
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</tr>
<tr>
<td><strong>Prescription Drug Benefits are payable as follows:</strong> Covers Medically Necessary prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td><strong>Prescription Drug Benefits are payable as follows:</strong> Covers Medically Necessary prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td><strong>Prescription Drug Benefits are payable as follows:</strong> Covers Medically Necessary prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
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</tr>
<tr>
<td><strong>Preferred Pharmacy allowing for a 30-day supply fill option:</strong></td>
<td><strong>Preferred Pharmacy allowing for a 30-day supply fill option:</strong></td>
<td><strong>Non-Preferred Care Pharmacy</strong></td>
<td></td>
</tr>
<tr>
<td>100% Negotiated Charge following:</td>
<td>100% Negotiated Charge following:</td>
<td>30 day supply fill option:</td>
<td></td>
</tr>
<tr>
<td>- $20 Copay for each Generic Prescription Drug.</td>
<td>- $20 Copay for each Generic Prescription Drug.</td>
<td>100% of the Recognized Charge following:</td>
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</tr>
<tr>
<td>- $30 Copay for each Preferred Brand Name Prescription Drug.</td>
<td>- $30 Copay for each Preferred Brand Name Prescription Drug.</td>
<td>- $20 Deductible for each Generic Prescription Drug.</td>
<td></td>
</tr>
<tr>
<td>- $40 Copay for each Non-Preferred Brand Name Prescription Drug.</td>
<td>- $40 Copay for each Non-Preferred Brand Name Prescription Drug.</td>
<td>- $30 Deductible for each Preferred Brand Name Prescription Drug.</td>
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</tr>
<tr>
<td>Benefits are limited to a maximum of $500,000 per Policy Year.</td>
<td>Benefits are limited to a maximum of $500,000 per Policy Year.</td>
<td>- $40 Deductible for each Non-Preferred Drug.</td>
<td></td>
</tr>
<tr>
<td>Prior Authorization is required for growth hormone and more than a 30-day fill per prescription at retail.</td>
<td>Prior Authorization is required for growth hormone and more than a 30-day fill per prescription at retail.</td>
<td>Benefits are limited to a maximum of $500,000 per Policy Year.</td>
<td></td>
</tr>
<tr>
<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Covered Medical Expenses also include prescription smoking cessations aids. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Covered Medical Expenses also include prescription smoking cessations aids. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td>Prior Authorization is required for growth hormone and more than a 30-day fill per prescription at retail.</td>
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<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Covered Medical Expenses also include prescription smoking cessations aids. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Covered Medical Expenses also include prescription smoking cessations aids. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
<td>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Covered Medical Expenses also include prescription smoking cessations aids. Please use your Aetna Student Health ID card when obtaining your prescriptions.</td>
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Prescribed Medicines Expense (continued)

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<th>Tier I</th>
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<tr>
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<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
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</table>

Prior Authorization may be required for certain Prescription Drugs and some medications may not be covered under this Plan. For assistance and a complete list of excluded medications, or drugs requiring prior authorization, please contact Aetna Pharmacy Management at 888 RX-AETNA (available 24 hours).

Aetna Specialty Pharmacy provides specialty medications and support to members living with chronic conditions. The medications offered may be injected, infused or taken by mouth. For additional information please go to www.AetnaSpecialtyRx.com.

Please Note: Covered Medical Expenses for prescribed supplies for the treatment of diabetes will not be subject to the listed per Policy Year Prescription Drug limit.

Covered Medical Expenses include drugs approved by the USFDA for use in the treatment of cancer, even if the drug has not specifically been approved for treatment of the specific cancer for which the drug has been prescribed.

*Contraceptive Drugs and Device benefits are illustrated under the Family Planning Benefit of this Policy.

Prior Authorization may be required for certain Prescription Drugs and some medications may not be covered under this Plan. For assistance and a complete list of excluded medications, or drugs requiring prior authorization, please contact Aetna Pharmacy Management at 888 RX-AETNA (available 24 hours).

Aetna Specialty Pharmacy provides specialty medications and support to members living with chronic conditions. The medications offered may be injected, infused or taken by mouth. For additional information please go to www.AetnaSpecialtyRx.com.

Please Note: Covered Medical Expenses for prescribed supplies for the treatment of diabetes will not be subject to the listed per Policy Year Prescription Drug limit.

Covered Medical Expenses include drugs approved by the USFDA for use in the treatment of cancer, even if the drug has not specifically been approved for treatment of the specific cancer for which the drug has been prescribed.

*Contraceptive Drugs and Device benefits are illustrated under the Family Planning Benefit of this Policy.
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</thead>
</table>
| **Diabetic Testing Supplies Expense** | Benefits include charges for testing material used to detect the presence of sugar in the person’s urine or blood for monitoring glycemic control. Diabetic Testing Supplies are limited to:  
- Lancet devices,  
- Glucose monitors, and  
- Test strips, and  
- Hypodermic syringes. | Benefits include charges for testing material used to detect the presence of sugar in the person’s urine or blood for monitoring glycemic control. Diabetic Testing Supplies are limited to:  
- Lancet devices,  
- Glucose monitors, and  
- Test strips, and  
- Hypodermic syringes. | Benefits include charges for testing material used to detect the presence of sugar in the person’s urine or blood for monitoring glycemic control. Diabetic Testing Supplies are limited to:  
- Lancet devices,  
- Glucose monitors, and  
- Test strips, and  
- Hypodermic syringes. |
| **Covered Medical Expenses** are payable on the same basis as any other sickness. | Insulin, or other items used in the treatment of diabetes are not covered by this benefit. | Insulin, or other items used in the treatment of diabetes are not covered by this benefit. | Insulin, or other items used in the treatment of diabetes are not covered by this benefit. |
| Diabetic related supplies may be filled directly at any Aetna participating pharmacy, without submission for reimbursement necessary. | Covered Medical Expenses are payable on the same basis as any other sickness. | Covered Medical Expenses are payable on the same basis as any other sickness. | Covered Medical Expenses are payable on the same basis as any other sickness. |

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<tr>
<th>Tier I Preferred Care With Referral</th>
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<th>Tier III Non-Preferred Care</th>
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</thead>
<tbody>
<tr>
<td><strong>Hypodermic Needles Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> for hypodermic needles and syringes used in the treatment of diabetes are payable same basis as any other sickness.</td>
<td><strong>Covered Medical Expenses</strong> for hypodermic needles and syringes used in the treatment of diabetes are payable same basis as any other sickness.</td>
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</thead>
</table>
| **Outpatient Diabetic Self-management Education Programs Expense** | **Covered Medical Expenses** for in-person, outpatient diabetic self-management education programs as follows:  
**Covered Medical Expenses** are payable on the same basis as any other sickness. | **Covered Medical Expenses** for in-person, outpatient diabetic self-management education programs as follows:  
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**Covered Medical Expenses** for in-person, outpatient diabetic self-management education programs are payable as follows:  
**Covered Medical Expenses** are payable on the same basis as any other sickness.
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<td>Non-Preferred Care</td>
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<td>With Referral</td>
<td>Without Referral</td>
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<tr>
<td><strong>Temporomandibular Joint Dysfunction Expense</strong></td>
<td>Covered Medical Expenses include charges incurred by a covered person for treatment of Temporomandibular Joint (TMJ) Dysfunction.</td>
<td>Covered Medical Expenses include charges incurred by a covered person for treatment of Temporomandibular Joint (TMJ) Dysfunction.</td>
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<td></td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
</tr>
<tr>
<td><strong>Bones and Joints Expense</strong></td>
<td>Covered Medical Expenses include charges incurred by a covered person for the diagnosis and surgical treatment involving any bone or joint of the head, neck, face or jaw if the treatment is required due to a medical condition or injury which prevents normal function of the bone or joint.</td>
<td>Covered Medical Expenses include charges incurred by a covered person for the diagnosis and surgical treatment involving any bone or joint of the head, neck, face or jaw if the treatment is required due to a medical condition or injury which prevents normal function of the bone or joint.</td>
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<td></td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
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<tr>
<td><strong>Cleft Lip/Palate or Ectodermal Dysplasia Expense for Newborns</strong></td>
<td>Inpatient and outpatient dental, oral surgical and orthodontic services which are medically necessary for the treatment of medically diagnosed cleft lip, cleft palate or ectodermal dysplasia subject to deductibles, coinsurance and maximums no more restrictive than for any covered sickness or injury.</td>
<td>Inpatient and outpatient dental, oral surgical and orthodontic services which are medically necessary for the treatment of medically diagnosed cleft lip, cleft palate or ectodermal dysplasia subject to deductibles, coinsurance and maximums no more restrictive than for any covered sickness or injury.</td>
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<td>Inpatient and outpatient dental, oral surgical and orthodontic services which are medically necessary for the treatment of medically diagnosed cleft lip, cleft palate or ectodermal dysplasia subject to deductibles, coinsurance and maximums no more restrictive than for any covered sickness or injury.</td>
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<td>Cleft Lip/Palate or Ectodermal Dysplasia Expense for Newborns (continued)</td>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
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<tr>
<td><strong>Treatment may include:</strong></td>
<td><strong>Treatment may include:</strong></td>
<td><strong>Treatment may include:</strong></td>
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<tr>
<td>- Oral surgery and facial surgery. This includes pre-operative and postoperative care performed by a <strong>physician</strong>.</td>
<td>- Oral surgery and facial surgery. This includes pre-operative and postoperative care performed by a physician.</td>
<td>- Oral surgery and facial surgery. This includes pre-operative and postoperative care performed by a physician.</td>
</tr>
<tr>
<td>- Initial installation of partial or full removable dentures or fixed bridgework.</td>
<td>- Initial installation of partial or full removable dentures or fixed bridgework.</td>
<td>- Initial installation of partial or full removable dentures or fixed bridgework.</td>
</tr>
<tr>
<td>- Replacement of dentures by fixed bridgework when required as a result of structural changes in the mouth or jaw due to growth.</td>
<td>- Replacement of dentures by fixed bridgework when required as a result of structural changes in the mouth or jaw due to growth.</td>
<td>- Replacement of dentures by fixed bridgework when required as a result of structural changes in the mouth or jaw due to growth.</td>
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<tr>
<td>- Cleft orthodontic therapy.</td>
<td>- Cleft orthodontic therapy.</td>
<td>- Cleft orthodontic therapy.</td>
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<tr>
<td>- Diagnostic services of a <strong>physician</strong> to find out if and to what extent the child’s ability to speak or hear has been lost or impaired.</td>
<td>- Diagnostic services of a <strong>physician</strong> to find out if and to what extent the child’s ability to speak or hear has been lost or impaired.</td>
<td>- Diagnostic services of a <strong>physician</strong> to find out if and to what extent the child’s ability to speak or hear has been lost or impaired.</td>
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<tr>
<td>- Rehabilitative services given by a <strong>physician</strong> that is expected to restore or improve the child’s ability to speak. This includes speech aids and training in the use of such aids.</td>
<td>- Rehabilitative services given by a <strong>physician</strong> that is expected to restore or improve the child’s ability to speak. This includes speech aids and training in the use of such aids.</td>
<td>- Rehabilitative services given by a <strong>physician</strong> that is expected to restore or improve the child’s ability to speak. This includes speech aids and training in the use of such aids.</td>
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<tr>
<td>- Psychological assessment and counseling.</td>
<td>- Psychological assessment and counseling.</td>
<td>- Psychological assessment and counseling.</td>
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<tr>
<td>- Genetic assessment and counseling for the child and the child’s parents.</td>
<td>- Genetic assessment and counseling for the child and the child’s parents.</td>
<td>- Genetic assessment and counseling for the child and the child’s parents.</td>
</tr>
<tr>
<td>A legally qualified audiologist or speech therapist will be deemed to be a <strong>physician</strong> for the purposes of this section.</td>
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<td><strong>Covered Medical Expenses</strong> are payable on the same basis as any other sickness.</td>
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<td>Preferred Care With Referral</td>
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| **Clinical Trial Expense** | Clinical Trial Expenses are payable for **Covered Medical Expenses** incurred by each **covered person**. A clinical trial meets the following conditions:  
- The clinical trial is intended to treat cancer in a patient who has been so diagnosed,  
- The clinical trial has been peer reviewed, and is approved by one of the United States National Institutes of Health (NIH), a cooperative group or center of the NIH including the National Cancer Institute Clinical Cooperative Group and the National Cancer Institute Community Clinical Oncology Program, and  
- With respect to Phase II, Phase III, or Phase IV clinical trials, the treatment shall be provided if approved by:  
  - The NIH,  
  - A National Cancer Institute cooperative group or center,  
  - The FDA in the form of an investigational new drug application,  
  - The federal Department of Veterans Affairs, and  
  - An institutional review board approved by the Office of Protection from Research Risks of the NCI. | Clinical Trial Expenses are payable for **Covered Medical Expenses** incurred by each **covered person**. A clinical trial meets the following conditions:  
- The clinical trial is intended to treat cancer in a patient who has been so diagnosed,  
- The clinical trial has been peer reviewed, and is approved by one of the United States National Institutes of Health (NIH), a cooperative group or center of the NIH including the National Cancer Institute Clinical Cooperative Group and the National Cancer Institute Community Clinical Oncology Program, and  
- With respect to Phase II, Phase III, or Phase IV clinical trials, the treatment shall be provided if approved by:  
  - The NIH,  
  - A National Cancer Institute cooperative group or center,  
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- The clinical trial has been peer reviewed, and is approved by one of the United States National Institutes of Health (NIH), a cooperative group or center of the NIH including the National Cancer Institute Clinical Cooperative Group and the National Cancer Institute Community Clinical Oncology Program, and  
- With respect to Phase II, Phase III, or Phase IV clinical trials, the treatment shall be provided if approved by:  
  - The NIH,  
  - A National Cancer Institute cooperative group or center,  
  - The FDA in the form of an investigational new drug application,  
  - The federal Department of Veterans Affairs, and  
  - An institutional review board approved by the Office of Protection from Research Risks of the NCI. |
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<th>Clinical Trial Expense (continued)</th>
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<th>Tier II Preferred Care Without Referral</th>
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<tr>
<td>With respect to Phase I clinical trials, treatment may be provided on a case-by-case basis. The facility and personnel conducting the clinical trial are capable of doing so by virtue of their experience and training, and treat a sufficient volume of patients to maintain that expertise. Coverage shall apply only if: • There is no clearly superior, non-investigational treatment alternative, • The available clinical or pre-clinical data provide a reasonable expectation that the treatment will be at least as effective as the non-investigational alternative, and • The <strong>covered person</strong> or <strong>physician</strong> or health care provider conclude that the covered person’s participation in the clinical trial would be appropriate pursuant to this policy. <strong>Covered Medical Expenses</strong> are payable on the same basis as any other sickness.</td>
<td>With respect to Phase I clinical trials, treatment may be provided on a case-by-case basis. The facility and personnel conducting the clinical trial are capable of doing so by virtue of their experience and training, and treat a sufficient volume of patients to maintain that expertise. Coverage shall apply only if: • There is no clearly superior, non-investigational treatment alternative, • The available clinical or pre-clinical data provide a reasonable expectation that the treatment will be at least as effective as the non-investigational alternative, and • The <strong>covered person</strong> or <strong>physician</strong> or health care provider conclude that the covered person’s participation in the clinical trial would be appropriate pursuant to this policy. <strong>Covered Medical Expenses</strong> are payable on the same basis as any other sickness.</td>
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| **Home Treatment of Hemophilia Expense** | **Covered Medical Expenses** include charges incurred by a **covered person** for expenses incurred in connection with the treatment of routine bleeding episodes associated with hemophilia and other congenital bleeding disorders. The benefits to be provided shall include coverage for the purchase of blood products and blood infusion equipment required for home treatment of routine bleeding episodes associated with hemophilia and other congenital bleeding disorders when the home treatment program is under the supervision of the state-approved hemophilia treatment center.  
- “Blood infusion equipment” includes, but is not limited to, syringes and needles.  
- “Blood product” includes, but is not limited to, Factor VII, Factor VIII, Factor IX, and cryoprecipitate.  
- “Hemophilia” means a lifelong hereditary bleeding disorder usually affecting males that results in prolonged bleeding primarily into joints and muscles.  
- “Home treatment program” means a program where individuals or family members are trained to provide infusion therapy at home in order to achieve optimal health and cost effectiveness.  
- “State-approved hemophilia treatment center” means a hospital or clinic which receives federal or state Maternal and Child Health Bureau, and/or Centers for Disease Control funds to conduct comprehensive care for persons with hemophilia and other congenital bleeding disorders. | **Covered Medical Expenses** include charges incurred by a **covered person** for expenses incurred in connection with the treatment of routine bleeding episodes associated with hemophilia and other congenital bleeding disorders. The benefits to be provided shall include coverage for the purchase of blood products and blood infusion equipment required for home treatment of routine bleeding episodes associated with hemophilia and other congenital bleeding disorders when the home treatment program is under the supervision of the state-approved hemophilia treatment center.  
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- “Home treatment program” means a program where individuals or family members are trained to provide infusion therapy at home in order to achieve optimal health and cost effectiveness.  
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<table>
<thead>
<tr>
<th>Pap Smear Expense</th>
<th>Covered Medical Expenses include one annual routine pap smear screening for women age 18 and older. Covered Medical Expenses include gynecological exam.</th>
<th>Covered Medical Expenses include one annual routine pap smear screening for women age 18 and older. Covered Medical Expenses include gynecological exam.</th>
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<tr>
<td>Covered Medical Expenses are payable as follows: Preferred Care With Referral: 100% of the Negotiated Charge.</td>
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<td>Covered Medical Expenses are payable as follows: Non-Preferred Care: 65% of the Negotiated Charge.</td>
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</tbody>
</table>

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<thead>
<tr>
<th>Reconstructive Surgery Following a Mastectomy Expense</th>
<th>Covered Medical Expenses include expenses incurred by a covered person who is receiving benefits for a medically necessary mastectomy and who elects breast reconstruction after the mastectomy, for: • reconstruction of the breast on which a mastectomy has been performed; • surgery and reconstruction of the other breast to produce a symmetrical appearance; • prostheses; and • treatment of physical complications of all stages of mastectomy, including lymphedemas.</th>
<th>Covered Medical Expenses include expenses incurred by a covered person who is receiving benefits for a medically necessary mastectomy and who elects breast reconstruction after the mastectomy, for: • reconstruction of the breast on which a mastectomy has been performed; • surgery and reconstruction of the other breast to produce a symmetrical appearance; • prostheses; and • treatment of physical complications of all stages of mastectomy, including lymphedemas.</th>
<th>Covered Medical Expenses include expenses incurred by a covered person who is receiving benefits for a medically necessary mastectomy and who elects breast reconstruction after the mastectomy, for: • reconstruction of the breast on which a mastectomy has been performed; • surgery and reconstruction of the other breast to produce a symmetrical appearance; • prostheses; and • treatment of physical complications of all stages of mastectomy, including lymphedemas.</th>
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<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
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</tbody>
</table>
| **Inpatient Coverage Following a Mastectomy Expense** | **Covered Medical Expenses** include charges incurred by a covered person for inpatient coverage following a mastectomy while insured under this Policy. Benefits are payable for **Covered Medical Expenses** on the same basis as any other sickness. **Covered Medical Expenses** include:  
• In-patient care for a minimum of 48 hours following a radical or modified radical mastectomy; or  
• In-patient care for a minimum of 24 hours following a total mastectomy or a partial mastectomy with lymph node dissection for the treatment of breast cancer. Any decision to shorten such minimum coverages shall be made by the attending physician; in consultation with the covered person. **Covered Medical Expenses** are payable on the same basis as any other sickness. | **Covered Medical Expenses** include charges incurred by a covered person for inpatient coverage following a mastectomy while insured under this Policy. Benefits are payable for **Covered Medical Expenses** on the same basis as any other sickness. **Covered Medical Expenses** include:  
• In-patient care for a minimum of 48 hours following a radical or modified radical mastectomy; or  
• In-patient care for a minimum of 24 hours following a total mastectomy or a partial mastectomy with lymph node dissection for the treatment of breast cancer. Any decision to shorten such minimum coverages shall be made by the attending physician; in consultation with the covered person. **Covered Medical Expenses** are payable on the same basis as any other sickness.  

**Covered Medical Expenses** include charges incurred by a covered person for inpatient coverage following a mastectomy while insured under this Policy. Benefits are payable for **Covered Medical Expenses** on the same basis as any other sickness. **Covered Medical Expenses** include:  
• In-patient care for a minimum of 48 hours following a radical or modified radical mastectomy; or  
• In-patient care for a minimum of 24 hours following a total mastectomy or a partial mastectomy with lymph node dissection for the treatment of breast cancer. Any decision to shorten such minimum coverages shall be made by the attending physician; in consultation with the covered person. **Covered Medical Expenses** are payable on the same basis as any other sickness.
<table>
<thead>
<tr>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Inpatient Coverage Following a Laparoscopy-Assisted Vaginal Hysterectomy and Vaginal Hysterectomy Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a covered person for inpatient coverage following a <strong>Covered Medical Expenses</strong> include charges incurred by a covered person for inpatient coverage following a <strong>Covered Medical Expenses</strong> include charges incurred by a covered person for inpatient coverage following a <strong>Covered Medical Expenses</strong> include charges incurred by a covered person for inpatient coverage following a <strong>covered</strong> person for inpatient coverage following a laparoscopy-assisted vaginal hysterectomy and vaginal hysterectomy while insured under this Policy. Benefits are payable for <strong>Covered Medical Expenses</strong> on the same basis as any other sickness.</td>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a covered person for inpatient coverage following a <strong>covered</strong> person for inpatient coverage following a laparoscopy-assisted vaginal hysterectomy and vaginal hysterectomy while insured under this Policy. Benefits are payable for <strong>Covered Medical Expenses</strong> on the same basis as any other sickness.</td>
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<tr>
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<td>- Inpatient care for a minimum of 48 hours following a vaginal hysterectomy, or</td>
<td>- Inpatient care for a minimum of 48 hours following a vaginal hysterectomy, or</td>
<td>- Inpatient care for a minimum of 48 hours following a vaginal hysterectomy, or</td>
</tr>
<tr>
<td>- In-patient care for a minimum of 23 hours following a laparoscopy-assisted vaginal hysterectomy.</td>
<td>- In-patient care for a minimum of 23 hours following a laparoscopy-assisted vaginal hysterectomy.</td>
<td>- In-patient care for a minimum of 23 hours following a laparoscopy-assisted vaginal hysterectomy.</td>
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<tr>
<td>Any decision to shorten such minimum coverages shall be made by the attending physician, in consultation with the covered person.</td>
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<tr>
<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
</tr>
</tbody>
</table>
| Covered Medical Expenses include one baseline mammogram for women between age 35 and 40. Coverage is also provided for one routine annual mammogram for women age 40 and older, as well as when medically indicated for women with risk factors who are under age 40. Risk factors for women under 40 are:  
- Prior personal history of breast cancer  
- Positive Genetic Testings  
- Family history of breast cancer, or  
- Other risk factors  
Mammogram screenings coverage must also include comprehensive ultrasound screening for the entire breast or breasts if a mammogram demonstrates heterogeneous or dense breast tissue and when determined to be Medically Necessary by a licensed physician.  
Covered Medical Expenses are payable as follows:  
**Preferred Care With Referral:** 100% of the Negotiated Charge  
**Preferred Care Without Referral:** 100% of the Negotiated Charge  
**Non-Preferred Care:** 65% of the Recognized Charge | Covered Medical Expenses include one baseline mammogram for women between age 35 and 40. Coverage is also provided for one routine annual mammogram for women age 40 and older, as well as when medically indicated for women with risk factors who are under age 40. Risk factors for women under 40 are:  
- Prior personal history of breast cancer  
- Positive Genetic Testings  
- Family history of breast cancer, or  
- Other risk factors  
Mammogram screenings coverage must also include comprehensive ultrasound screening for the entire breast or breasts if a mammogram demonstrates heterogeneous or dense breast tissue and when determined to be Medically Necessary by a licensed physician.  
Covered Medical Expenses are payable as follows:  
**Preferred Care:** 100% of the Negotiated Charge  
**Non-Preferred Care:** 65% of the Recognized Charge | Covered Medical Expenses include one baseline mammogram for women between age 35 and 40. Coverage is also provided for one routine annual mammogram for women age 40 and older, as well as when medically indicated for women with risk factors who are under age 40. Risk factors for women under 40 are:  
- Prior personal history of breast cancer  
- Positive Genetic Testings  
- Family history of breast cancer, or  
- Other risk factors  
Mammogram screenings coverage must also include comprehensive ultrasound screening for the entire breast or breasts if a mammogram demonstrates heterogeneous or dense breast tissue and when determined to be Medically Necessary by a licensed physician.  
Covered Medical Expenses are payable as follows:  
**Non-Preferred Care:** 65% of the Recognized Charge |
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<tr>
<td><strong>Preferred Care With Referral</strong></td>
<td><strong>Preferred Care Without Referral</strong></td>
<td><strong>Non-Preferred Care</strong></td>
</tr>
</tbody>
</table>
| Routine Colorectal Cancer Screening Expense | Even though not incurred in connection with a sickness or injury, benefits include charges for colorectal cancer examination and laboratory tests, for any nonsymptomatic person age 50 or more, or a symptomatic person under age 50, for the following:  
- One fecal occult blood test every 12 months in a row  
- A sigmoidoscopy at age 50 and every 3 years thereafter  
- One digital rectal exam every 12 months in a row  
- A double contrast barium enema, once every 5 years  
- A colonoscopy, once every 10 years. | Even though not incurred in connection with a sickness or injury, benefits include charges for colorectal cancer examination and laboratory tests, for any nonsymptomatic person age 50 or more, or a symptomatic person under age 50, for the following:  
- One fecal occult blood test every 12 months in a row  
- A sigmoidoscopy at age 50 and every 3 years thereafter  
- One digital rectal exam every 12 months in a row  
- A double contrast barium enema, once every 5 years  
- A colonoscopy, once every 10 years. |
| **Covered Medical Expenses** | Covered Medical Expenses are payable as follows:  
**Preferred Care With Referral:** 100% of the Negotiated Charge | Covered Medical Expenses are payable as follows:  
**Non-Preferred Care:** 65% of the Recognized Charge |
<p>| Bone Marrow and Stem Cell Transplants for Breast Cancer | Expenses incurred for the treatment of breast cancer by dose-intensive chemotherapy/autologous bone marrow transplants, or stem cell transplants when performed pursuant to protocols approved by the institutional review board of any United States medical teaching college including, but not limited to, National Cancer Institute protocols that have been favorably reviewed and utilized by hematologists or oncologist experienced in dose-intensive chemotherapy/autologous bone marrow transplants or stem cell transplants. | Expenses incurred for the treatment of breast cancer by dose-intensive chemotherapy/autologous bone marrow transplants, or stem cell transplants when performed pursuant to protocols approved by the institutional review board of any United States medical teaching college including, but not limited to, National Cancer Institute protocols that have been favorably reviewed and utilized by hematologists or oncologist experienced in dose-intensive chemotherapy/autologous bone marrow transplants or stem cell transplants. |
| <strong>Covered Medical Expenses</strong> | Covered Medical Expenses are payable on the same basis as any other sickness. | Covered Medical Expenses are payable on the same basis as any other sickness. |</p>
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<th>Tier III Non-Preferred Care</th>
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</thead>
<tbody>
<tr>
<td><strong>Lymphedema Expense</strong></td>
<td>Coverage for prescribed equipment, supplies, complex decongestive therapy, and outpatient self-management training and education for the treatment of lymphedema.</td>
<td>Coverage for prescribed equipment, supplies, complex decongestive therapy, and outpatient self-management training and education for the treatment of lymphedema.</td>
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</tr>
<tr>
<td><strong>Morbid Obesity Expense</strong></td>
<td>Coverage for the treatment of morbid obesity through gastric bypass surgery or such other methods as recognized by the National Institutes of Health as effective for the long-term reversal of morbid obesity.</td>
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<td>Coverage for the treatment of morbid obesity through gastric bypass surgery or such other methods as recognized by the National Institutes of Health as effective for the long-term reversal of morbid obesity.</td>
</tr>
</tbody>
</table>
| **Routine Prostate Cancer Screening Expense** | Covered Medical Expenses include charges incurred by a covered person for the screening of cancer as follows:  
- for a male age 50 or over, and  
- for a male age 40 and over who is at high risk for prostate cancer according to the most recent published guidelines of the American Cancer Society.  
One digital rectal exam and one prostate specific antigen test each Policy Year.  
Covered Medical Expenses are payable as follows:  
Preferred Care with Referral: 100% of the Negotiated Charge | Covered Medical Expenses include charges incurred by a covered person for the screening of cancer as follows:  
- for a male age 50 or over, and  
- for a male age 40 and over who is at high risk for prostate cancer according to the most recent published guidelines of the American Cancer Society.  
One digital rectal exam and one prostate specific antigen test each Policy Year.  
Covered Medical Expenses are payable as follows:  
Preferred Care: 100% of the Negotiated Charge | Covered Medical Expenses include charges incurred by a covered person for the screening of cancer as follows:  
- for a male age 50 or over, and  
- for a male age 40 and over who is at high risk for prostate cancer according to the most recent published guidelines of the American Cancer Society.  
One digital rectal exam and one prostate specific antigen test each Policy Year.  
Covered Medical Expenses are payable as follows:  
Non-Preferred Care: 65% of the Recognized Charge |
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<tr>
<th>Second Surgical Opinion Expense</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
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</tr>
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<tbody>
<tr>
<td></td>
<td>To the extent that this Plan provides coverage for surgery, this Plan shall provide coverage for expenses incurred for a second opinion consultation by a specialist on the need for surgery which has been recommended by the Covered Person’s physician. The specialist must be board certified in the medical field relating to the surgical procedure being proposed. Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done in connection with that consultation. Aetna must receive a written report on the second opinion consultation.</td>
<td>To the extent that this Plan provides coverage for surgery, this Plan shall provide coverage for expenses incurred for a second opinion consultation by a specialist on the need for surgery which has been recommended by the Covered Person’s physician. The specialist must be board certified in the medical field relating to the surgical procedure being proposed. Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done in connection with that consultation. Aetna must receive a written report on the second opinion consultation.</td>
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<td>Covered Medical Expenses</td>
<td>Will not include any charge in excess of the daily room and board maximum for semi-private accommodations.</td>
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<tr>
<td></td>
<td>Preferred Care With Referral: After a $10 copay per visit, 100% of the Negotiated Charge.</td>
<td>Preferred Care: After a $25 copay per visit, 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
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</table>

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<tr>
<th>Acupuncture in Lieu of Anesthesia Expense</th>
<th>Covered Medical Expenses include acupuncture therapy, when acupuncture is used in lieu of other anesthesia, for a surgical or dental procedure covered under this Plan. The acupuncture must be administered by a health care provider who is a legally qualified physician, practicing within the scope of their license.</th>
<th>Covered Medical Expenses include acupuncture therapy, when acupuncture is used in lieu of other anesthesia, for a surgical or dental procedure covered under this Plan. The acupuncture must be administered by a health care provider who is a legally qualified physician, practicing within the scope of their license.</th>
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<td>Preferred Care With Referral: 90% of the Negotiated Charge.</td>
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<tr>
<td>Tier</td>
<td>Dermatological Expense</td>
<td>Podiatric Expense</td>
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<tr>
<td>Tier I</td>
<td>Preferred Care With Referral</td>
<td>Benefits include charges for the diagnosis and treatment of skin disorders, excluding laboratory fees. Related laboratory expenses are covered under the Outpatient Expense Benefit.</td>
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<td>are payable on the same basis as any other sickness.</td>
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<tr>
<td>Covered Medical Expenses</td>
<td>do not include cosmetic treatment and procedures.</td>
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<td>Preferred Care Without Referral</td>
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Benefits include charges for podiatric services, provided on an outpatient basis following an Injury.

**Covered Medical Expenses** are payable on the same basis as any other sickness.

Expenses for routine foot care, such as trimming of corns, calluses, and nails, are **not Covered Medical Expenses**.

Benefits include charges for podiatric services, provided on an outpatient basis following an Injury.

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## Home Health Care Expense

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<td>Covered Medical Expenses</td>
<td>include charges incurred by a Covered Person for home health care services made by a home health agency pursuant to a home health care plan, but only if:</td>
</tr>
<tr>
<td>• The services are furnished by, or under arrangements made by, a licensed home health agency.</td>
<td></td>
</tr>
<tr>
<td>• The services are given under a home care plan. This plan must be established pursuant to the written order of a physician, and the physician must renew that plan every 60 days. Such physician must certify that the proper treatment of the condition would require inpatient confinement in a Hospital or skilled nursing facility if the services and supplies were not provided under the home health care plan. The physician must examine the Covered Person at least once a month.</td>
<td></td>
</tr>
<tr>
<td>• Except as specifically provided in the home health care services, the services are delivered in the patient’s place of residence on a part-time, intermittent visiting basis while the patient is confined.</td>
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<tr>
<td>• The care starts within 7 days after discharge from a hospital as an inpatient, and the care is for the same condition that caused the Hospital confinement, or one related to it.</td>
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<tr>
<td>Preferred Care With Referral: <strong>80%</strong> of the Negotiated Charge.</td>
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<tr>
<td><strong>Transfusion or Dialysis of Blood Expense</strong></td>
<td>Benefits include charges for the transfusion or dialysis of blood, including the cost of: whole blood, blood components, and the administration thereof.</td>
</tr>
<tr>
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<td><strong>Hospice Expense</strong></td>
<td>Benefits include charges for hospice care provided for a terminally ill Covered Person during a hospice benefit period.</td>
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<td><strong>Licensed Nurse Expense</strong></td>
<td><strong>Covered Medical Expenses</strong> include charges incurred by a Covered Person who is confined in a Hospital as a resident bed-patient, and requires the services of a registered nurse or licensed practical nurse.</td>
</tr>
<tr>
<td><strong>Covered Expenses</strong> for a Licensed Nurse are covered as follows:</td>
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<tr>
<td>Preferred Care With Referral: 90% of the Negotiated Charge.</td>
<td>Preferred Care: 80% of the Negotiated Charge.</td>
</tr>
<tr>
<td>Skilled Nursing Facility Expense</td>
<td>Tier I Preferred Care With Referral</td>
</tr>
<tr>
<td>----------------------------------</td>
<td>-------------------------------------</td>
</tr>
<tr>
<td>Covered Medical Expenses include charges incurred by a Covered Person for confinement in a skilled nursing facility for treatment rendered:</td>
<td>Covered Medical Expenses include charges incurred by a Covered Person for confinement in a skilled nursing facility for treatment rendered:</td>
</tr>
<tr>
<td>- in lieu of confinement in a Hospital as a full time inpatient, or</td>
<td>- in lieu of confinement in a Hospital as a full time inpatient, or</td>
</tr>
<tr>
<td>- within 24 hours following a Hospital confinement and for the same or related cause(s) as such Hospital confinement.</td>
<td>- within 24 hours following a Hospital confinement and for the same or related cause(s) as such Hospital confinement.</td>
</tr>
<tr>
<td>Covered Medical Expenses are payable as follows:</td>
<td>Covered Medical Expenses are payable as follows:</td>
</tr>
<tr>
<td>Preferred Care With Referral: After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
<td>Preferred Care: After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rehabilitation Facility Expense</th>
<th>Covered Medical Expenses include charges incurred by a Covered Person for confinement as a full time inpatient in a rehabilitation facility. Confinement in the rehabilitation facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of Hospital or skilled nursing facility confinement.</th>
<th>Covered Medical Expenses include charges incurred by a Covered Person for confinement as a full time inpatient in a rehabilitation facility. Confinement in the rehabilitation facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of Hospital or skilled nursing facility confinement.</th>
<th>Covered Medical Expenses include charges incurred by a Covered Person for confinement as a full time inpatient in a rehabilitation facility. Confinement in the rehabilitation facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of Hospital or skilled nursing facility confinement.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Covered Medical Expenses for Rehabilitation Facility Expense are covered as follows:</td>
<td>Preferred Care With Referral: After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
<td>Preferred Care: After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
<td>Non-Preferred Care: After a $300 Copay per admission, 65% of the Recognized Charge for the semi-private room rate.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tier I Preferred Care</th>
<th>Tier II Preferred Care</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preferred Care With Referral</td>
<td>Preferred Care</td>
<td>Non-Preferred Care</td>
</tr>
<tr>
<td>After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
<td>After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.</td>
<td>After a $300 Copay per admission, 65% of the Recognized Charge for the semi-private room rate.</td>
</tr>
</tbody>
</table>

**Tier I Preferred Care With Referral**

- After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.

**Tier II Preferred Care Without Referral**

- After a $300 Copay per admission, 80% of the Negotiated Charge for the semi-private room rate.

**Tier III Non-Preferred Care**

- After a $300 Copay per admission, 65% of the Recognized Charge for the semi-private room rate.
<table>
<thead>
<tr>
<th>Vision Care Exam Expense</th>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benefits include charges for any service shown below, which is furnished by a legally qualified ophthalmologist or optometrist.</td>
<td>Benefits include charges for any service shown below, which is furnished by a legally qualified ophthalmologist or optometrist.</td>
<td>Benefits include charges for any service shown below, which is furnished by a legally qualified ophthalmologist or optometrist.</td>
<td></td>
</tr>
<tr>
<td><strong>Routine Eye Exam Expenses</strong>: Charges for a complete eye exam that includes refraction. A routine eye exam does not include charges for a contact lens exam.</td>
<td><strong>Routine Eye Exam Expenses</strong>: Charges for a complete eye exam that includes refraction. A routine eye exam does not include charges for a contact lens exam.</td>
<td><strong>Routine Eye Exam Expenses</strong>: Charges for a complete eye exam that includes refraction. A routine eye exam does not include charges for a contact lens exam.</td>
<td></td>
</tr>
<tr>
<td><strong>Contact Lens Exam Expenses</strong>: Charges for an eye exam performed for the sole purpose of the fitting of contact lenses.</td>
<td><strong>Contact Lens Exam Expenses</strong>: Charges for an eye exam performed for the sole purpose of the fitting of contact lenses.</td>
<td><strong>Contact Lens Exam Expenses</strong>: Charges for an eye exam performed for the sole purpose of the fitting of contact lenses.</td>
<td></td>
</tr>
<tr>
<td>Benefits are limited to one routine eye exam and one contact lens exam per Policy Year.</td>
<td>Benefits are limited to one routine eye exam and one contact lens exam per Policy Year.</td>
<td>Benefits are limited to one routine eye exam and one contact lens exam per Policy Year.</td>
<td></td>
</tr>
<tr>
<td><strong>Covered Medical Expenses</strong> will be payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> will be payable as follows:</td>
<td><strong>Covered Medical Expenses</strong> will be payable as follows:</td>
<td></td>
</tr>
<tr>
<td>Preferred Care With Referral: After a $15 per visit Copay, 100% of the Negotiated Charge.</td>
<td>Preferred Care: After a $15 per visit Copay, 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 100% of the Recognized Charge up to a maximum of $43 per Policy Year.</td>
<td></td>
</tr>
<tr>
<td><strong>Limitations</strong> The following limitations apply:</td>
<td><strong>Limitations</strong> The following limitations apply:</td>
<td><strong>Limitations</strong> The following limitations apply:</td>
<td></td>
</tr>
<tr>
<td>No benefits will be payable for a charge which is:</td>
<td>No benefits will be payable for a charge which is:</td>
<td>No benefits will be payable for a charge which is:</td>
<td></td>
</tr>
<tr>
<td>• For any eye exam to diagnose or treat a disease or Injury.</td>
<td>• For any eye exam to diagnose or treat a disease or Injury.</td>
<td>• For any eye exam to diagnose or treat a disease or Injury.</td>
<td></td>
</tr>
<tr>
<td>• For drugs or medicines.</td>
<td>• For drugs or medicines.</td>
<td>• For drugs or medicines.</td>
<td></td>
</tr>
<tr>
<td>• For a vision care service that is a <strong>Covered Medical Expense</strong> in whole or in part, under any other part of this Policy, or under any other group plan.</td>
<td>• For a vision care service that is a <strong>Covered Medical Expense</strong> in whole or in part, under any other part of this Policy, or under any other group plan.</td>
<td>• For a vision care service that is a <strong>Covered Medical Expense</strong> in whole or in part, under any other part of this Policy, or under any other group plan.</td>
<td></td>
</tr>
<tr>
<td>• For a vision care service for which a benefit is provided in whole or in part, under any workers’ compensation law or any other law of like purpose.</td>
<td>• For a vision care service for which a benefit is provided in whole or in part, under any workers’ compensation law or any other law of like purpose.</td>
<td>• For a vision care service for which a benefit is provided in whole or in part, under any workers’ compensation law or any other law of like purpose.</td>
<td></td>
</tr>
<tr>
<td>• For special procedures. This means things such as orthoptics or vision training.</td>
<td>• For special procedures. This means things such as orthoptics or vision training.</td>
<td>• For special procedures. This means things such as orthoptics or vision training.</td>
<td></td>
</tr>
<tr>
<td>• For any vision care supply.</td>
<td>• For any vision care supply.</td>
<td>• For any vision care supply.</td>
<td></td>
</tr>
<tr>
<td>Vision Care Exam Expense (continued)</td>
<td>Tier I Preferred Care With Referral</td>
<td>Tier II Preferred Care Without Referral</td>
<td>Tier III Non-Preferred Care</td>
</tr>
<tr>
<td>-------------------------------------</td>
<td>------------------------------------</td>
<td>----------------------------------------</td>
<td>---------------------------</td>
</tr>
<tr>
<td>For an eye exam which:</td>
<td>For an eye exam which:</td>
<td>For an eye exam which:</td>
<td></td>
</tr>
<tr>
<td>• Is required by an employer as a condition of employment, or</td>
<td>• Is required by an employer as a condition of employment, or</td>
<td>• Is required by an employer as a condition of employment, or</td>
<td></td>
</tr>
<tr>
<td>• An employer is required to provide under a labor agreement, or</td>
<td>• An employer is required to provide under a labor agreement, or</td>
<td>• An employer is required to provide under a labor agreement, or</td>
<td></td>
</tr>
<tr>
<td>• Is required by any law of a government.</td>
<td>• Is required by any law of a government.</td>
<td>• Is required by any law of a government.</td>
<td></td>
</tr>
<tr>
<td>For a service received while the person is not a Covered Person.</td>
<td>For a service received while the person is not a Covered Person.</td>
<td>For a service received while the person is not a Covered Person.</td>
<td></td>
</tr>
<tr>
<td>For a service which does not meet professionally accepted standards.</td>
<td>For a service which does not meet professionally accepted standards.</td>
<td>For a service which does not meet professionally accepted standards.</td>
<td></td>
</tr>
<tr>
<td>For any exams given while the person is confined in a hospital or other facility for medical care.</td>
<td>For any exams given while the person is confined in a hospital or other facility for medical care.</td>
<td>For any exams given while the person is confined in a hospital or other facility for medical care.</td>
<td></td>
</tr>
<tr>
<td>Benefits include charges for eyeglasses (lenses and frames) and contact lenses, when prescribed by a legally qualified ophthalmologist or optometrist.</td>
<td>Benefits include charges for eyeglasses (lenses and frames) and contact lenses, when prescribed by a legally qualified ophthalmologist or optometrist.</td>
<td>Benefits include charges for eyeglasses (lenses and frames) and contact lenses, when prescribed by a legally qualified ophthalmologist or optometrist.</td>
<td></td>
</tr>
<tr>
<td>Covered Medical Expenses for vision care supplies will be payable as follows:</td>
<td>Covered Medical Expenses for vision care supplies will be payable as follows:</td>
<td>Covered Medical Expenses for vision care supplies will be payable as follows:</td>
<td></td>
</tr>
<tr>
<td>Preferred Care With Referral: After a $15 Copay, 100% of the Actual Charge.</td>
<td>Preferred Care: After a $15 Copay, 100% of the Actual Charge.</td>
<td>Non-Preferred Care: After a $15 Copay, 100% of the Actual Charge.</td>
<td></td>
</tr>
<tr>
<td>Maximum benefit of $120 per Policy Year.</td>
<td>Maximum benefit of $120 per Policy Year.</td>
<td>Maximum benefit of $120 per Policy Year.</td>
<td></td>
</tr>
<tr>
<td>Covered Medical Expenses will not include charges for more than one pair of eyeglasses (lenses and frames) or one pair of contact lenses per Policy Year.</td>
<td>Covered Medical Expenses will not include charges for more than one pair of eyeglasses (lenses and frames) or one pair of contact lenses per Policy Year.</td>
<td>Covered Medical Expenses will not include charges for more than one pair of eyeglasses (lenses and frames) or one pair of contact lenses per Policy Year.</td>
<td></td>
</tr>
<tr>
<td>Vision Care Supply Expense (continued)</td>
<td><strong>Limitations</strong></td>
<td><strong>Limitations</strong></td>
<td><strong>Limitations</strong></td>
</tr>
<tr>
<td>--------------------------------------</td>
<td>----------------</td>
<td>----------------</td>
<td>----------------</td>
</tr>
</tbody>
</table>
| **Tier I** Preferred Care With Referral | The following limitations apply: No benefits will be payable for a charge which is:  
- For a vision care supply that is a **Covered Medical Expense** in whole or in part, under any other part of this Policy, or under any other group plan.  
- For a vision care supply for which a benefit is provided in whole or in part, under any workers’ compensation law, or any other law of like purpose.  
- For special procedures. This means things such as orthoptics or vision training.  
- For special supplies. This means things such as nonprescription sunglasses and subnormal vision aids.  
- For anti-reflective coatings.  
- For tinting.  
- For any eye exam.  
- For prescription sunglasses or light sensitive lenses, in excess of the amount which would be covered for non-tinted lenses.  
- For replacement of lenses or frames that are lost or stolen or broken.  
- For duplicate or spare eyeglasses or lenses or frames for them.  
- For any supply which does not meet professionally accepted standards.  
- For a supply received while the person is not covered.  
- For lenses and frames furnished or ordered because of an eye exam that was done before the date the person becomes a covered person. | The following limitations apply: No benefits will be payable for a charge which is:  
- For a vision care supply that is a **Covered Medical Expense** in whole or in part, under any other part of this Policy, or under any other group plan.  
- For a vision care supply for which a benefit is provided in whole or in part, under any workers’ compensation law, or any other law of like purpose.  
- For special procedures. This means things such as orthoptics or vision training.  
- For special supplies. This means things such as nonprescription sunglasses and subnormal vision aids.  
- For anti-reflective coatings.  
- For tinting.  
- For any eye exam.  
- For prescription sunglasses or light sensitive lenses, in excess of the amount which would be covered for non-tinted lenses.  
- For replacement of lenses or frames that are lost or stolen or broken.  
- For duplicate or spare eyeglasses or lenses or frames for them.  
- For any supply which does not meet professionally accepted standards.  
- For a supply received while the person is not covered.  
- For lenses and frames furnished or ordered because of an eye exam that was done before the date the person becomes a covered person. | The following limitations apply: No benefits will be payable for a charge which is:  
- For a vision care supply that is a **Covered Medical Expense** in whole or in part, under any other part of this Policy, or under any other group plan.  
- For a vision care supply for which a benefit is provided in whole or in part, under any workers’ compensation law, or any other law of like purpose.  
- For special procedures. This means things such as orthoptics or vision training.  
- For special supplies. This means things such as nonprescription sunglasses and subnormal vision aids.  
- For anti-reflective coatings.  
- For tinting.  
- For any eye exam.  
- For prescription sunglasses or light sensitive lenses, in excess of the amount which would be covered for non-tinted lenses.  
- For replacement of lenses or frames that are lost or stolen or broken.  
- For duplicate or spare eyeglasses or lenses or frames for them.  
- For any supply which does not meet professionally accepted standards.  
- For a supply received while the person is not covered.  
- For lenses and frames furnished or ordered because of an eye exam that was done before the date the person becomes a covered person. |

Tier I

Preferred Care With Referral

Tier II

Preferred Care Without Referral

Tier III

Non-Preferred Care
<table>
<thead>
<tr>
<th>Tier I</th>
<th>Tier II</th>
<th>Tier III</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preferred Care With Referral</td>
<td>Preferred Care Without Referral</td>
<td>Non-Preferred Care</td>
</tr>
<tr>
<td><strong>Telemedicine Expense</strong></td>
<td>Requires coverage and reimbursement to the treating or consulting provider for the diagnosis, consultation, or treatment of the insured, delivered through telemedicine services, on the same basis that reimbursement is made for the same services through face to face consultation or contact.</td>
<td>Requires coverage and reimbursement to the treating or consulting provider for the diagnosis, consultation, or treatment of the insured, delivered through telemedicine services, on the same basis that reimbursement is made for the same services through face to face consultation or contact.</td>
</tr>
<tr>
<td><strong>Covered Medical Expenses</strong></td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
<td>Covered Medical Expenses are payable on the same basis as any other sickness.</td>
</tr>
<tr>
<td><strong>Family Planning Expense</strong></td>
<td>For females with reproductive capacity, Covered Medical Expenses include those charges incurred for services and supplies that are provided to prevent pregnancy. All contraceptive methods, services and supplies covered under this benefit must be approved by the Food and Drug Administration (FDA). Coverage includes counseling services on contraceptive methods provided by a physician, obstetrician or gynecologist. Such counseling services are Covered Medical Expenses when provided in either a group or individual setting. The following contraceptive methods are covered expenses under this benefit:</td>
<td>For females with reproductive capacity, Covered Medical Expenses include those charges incurred for services and supplies that are provided to prevent pregnancy. All contraceptive methods, services and supplies covered under this benefit must be approved by the Food and Drug Administration (FDA). Coverage includes counseling services on contraceptive methods provided by a physician, obstetrician or gynecologist. Such counseling services are Covered Medical Expenses when provided in either a group or individual setting. The following contraceptive methods are covered expenses under this benefit:</td>
</tr>
<tr>
<td><strong>Voluntary Sterilization</strong></td>
<td>Voluntary Sterilization Covered expenses include charges billed separately by the provider for female voluntary sterilization procedures and related services and supplies including, but not limited to, tubal ligation and sterilization implants.</td>
<td>Voluntary Sterilization Covered expenses include charges billed separately by the provider for female voluntary sterilization procedures and related services and supplies including, but not limited to, tubal ligation and sterilization implants.</td>
</tr>
</tbody>
</table>
Family Planning Expense (continued)

| Tier I | Covered expenses under this Preventive Care benefit would not include charges for a voluntary sterilization procedure to the extent that the procedure was not billed separately by the provider or because it was not the primary purpose of a confinement. |
|Tier II | Covered expenses include charges for: |
|Tier III | Covered expenses include charges for: |

**Contraceptives**

**Covered expenses** include charges made by a **physician** or **pharmacy** for:

- Female contraceptives that are **generic prescription drugs**. The prescription must be submitted to the pharmacist for processing. **This contraceptives benefit covers only generic prescription drugs.**
- Female contraceptive devices and related services and supplies that are generic prescription devices when prescribed in writing by a **physician**. **This contraceptives benefit covers only those devices that are generic prescription devices.**
- FDA-approved female over-the-counter contraceptive methods that are prescribed by your **physician**. **The prescription must be submitted to the pharmacist for processing. These items are limited to one per day and a 30 day supply per prescription.**

**Tier I**

**Preferred Care**

**With Referral**

**Tier II**

**Preferred Care**

**Without Referral**

**Tier III**

**Non-Preferred Care**
<table>
<thead>
<tr>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Limitations</strong></td>
<td><strong>Limitations</strong></td>
<td><strong>Limitations</strong></td>
</tr>
<tr>
<td>Unless specified above, not covered under this benefit are charges for:</td>
<td>Unless specified above, not covered under this benefit are charges for:</td>
<td>Unless specified above, not covered under this benefit are charges for:</td>
</tr>
<tr>
<td>- Services which are covered to any extent under any other part of this Plan;</td>
<td>- Services which are covered to any extent under any other part of this Plan;</td>
<td>- Services which are covered to any extent under any other part of this Plan;</td>
</tr>
<tr>
<td>- Services and supplies incurred for an abortion;</td>
<td>- Services and supplies incurred for an abortion;</td>
<td>- Services and supplies incurred for an abortion;</td>
</tr>
<tr>
<td>- Services provided as a result of complications resulting from a voluntary sterilization procedure and related follow-up care;</td>
<td>- Services provided as a result of complications resulting from a voluntary sterilization procedure and related follow-up care;</td>
<td>- Services provided as a result of complications resulting from a voluntary sterilization procedure and related follow-up care;</td>
</tr>
<tr>
<td>- Services which are for the treatment of an identified illness or injury:</td>
<td>- Services which are for the treatment of an identified illness or injury:</td>
<td>- Services which are for the treatment of an identified illness or injury:</td>
</tr>
<tr>
<td>- Services that are not given by a physician or under his or her direction;</td>
<td>- Services that are not given by a physician or under his or her direction;</td>
<td>- Services that are not given by a physician or under his or her direction;</td>
</tr>
<tr>
<td>- Psychiatric, psychological, personality or emotional testing or exams;</td>
<td>- Psychiatric, psychological, personality or emotional testing or exams;</td>
<td>- Psychiatric, psychological, personality or emotional testing or exams;</td>
</tr>
<tr>
<td>- Any contraceptive methods that are only “reviewed” by the FDA and not “approved” by the FDA;</td>
<td>- Any contraceptive methods that are only “reviewed” by the FDA and not “approved” by the FDA;</td>
<td>- Any contraceptive methods that are only “reviewed” by the FDA and not “approved” by the FDA;</td>
</tr>
<tr>
<td>- Male contraceptive methods, sterilization procedures or devices;</td>
<td>- Male contraceptive methods, sterilization procedures or devices;</td>
<td>- Male contraceptive methods, sterilization procedures or devices;</td>
</tr>
<tr>
<td>- The reversal of voluntary sterilization procedures, including any related follow-up care.</td>
<td>- The reversal of voluntary sterilization procedures, including any related follow-up care.</td>
<td>- The reversal of voluntary sterilization procedures, including any related follow-up care.</td>
</tr>
</tbody>
</table>

**Covered Medical Expenses**

- **Preferred Care with a referral:** 100% of the Negotiated Charge.
- **Preferred Care:** 100% of the Negotiated Charge.
- **Non-Preferred Care:** 65% of the Recognized Charge.

**Important Note:** Brand-Name Prescription Drug or Devices will be covered at 100% of the Negotiated Charge, including waiver of Annual Deductible if a Generic Prescription Drug or Device is not available in the same therapeutic drug class or the prescriber specifies Dispense as Written.

**Important Note:** Brand-Name Prescription Drug or Devices will be covered at 100% of the Negotiated Charge, including waiver of Annual Deductible if a Generic Prescription Drug or Device is not available in the same therapeutic drug class or the prescriber specifiesDispense as Written.

**Important Note:** Brand-Name Prescription Drug or Devices will be covered at 100% of the Negotiated Charge, including waiver of Annual Deductible if a Generic Prescription Drug or Device is not available in the same therapeutic drug class or the prescriber specifies Dispense as Written.
<table>
<thead>
<tr>
<th>Tier I Preferred Care With Referral</th>
<th>Tier II Preferred Care Without Referral</th>
<th>Tier III Non-Preferred Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia Screening Test Expense</td>
<td>Benefits include charges incurred for an annual Chlamydia screening test.</td>
<td>Benefits include charges incurred for an annual Chlamydia screening test.</td>
</tr>
<tr>
<td>Benefits will be paid for Chlamydia screening expenses incurred for:</td>
<td></td>
<td>Benefits will be paid for Chlamydia screening expenses incurred for:</td>
</tr>
<tr>
<td>- Women who are:</td>
<td>- Women who are:</td>
<td>- Women who:</td>
</tr>
<tr>
<td>• under the age of 20 if they are sexually active, and</td>
<td>• under the age of 20 if they are sexually active, and</td>
<td>• under the age of 20 if they are sexually active, and</td>
</tr>
<tr>
<td>• at least 20 years old if they have multiple risk factors.</td>
<td>• at least 20 years old if they have multiple risk factors.</td>
<td>• at least 20 years old if they have multiple risk factors.</td>
</tr>
<tr>
<td>- Men who have multiple risk factors.</td>
<td>- Men who have multiple risk factors.</td>
<td>- Men who have multiple risk factors.</td>
</tr>
<tr>
<td>Covered Medical Expenses are payable as follows:</td>
<td>Covered Medical Expenses are payable as follows:</td>
<td>Covered Medical Expenses are payable as follows:</td>
</tr>
<tr>
<td>Preferred Care with a referral: 100% of the Negotiated Charge.</td>
<td>Preferred Care: 100% of the Negotiated Charge.</td>
<td>Non-Preferred Care: 65% of the Recognized Charge.</td>
</tr>
</tbody>
</table>

**ADDITIONAL SERVICES AND DISCOUNTS**

As a member of the Plan, you can also take advantage of the following services, discounts, and programs. These are not underwritten by Aetna and are not insurance. Please note that these programs are subject to change. To learn more about these additional services and search for providers visit, [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

**Aetna BookSM discount program:** Access to discounts on books and other items from the American Cancer Society Bookstore, the MayoClinic.com Bookstore and Pranamaya.

**Aetna FitnessSM discount program:** Access to preferred rates on gym memberships and discounts on at-home weight loss programs, home fitness options and one-on-one health coaching services through GlobalFit™.

**Aetna HearingSM discount program:** Access to discounts on hearing aids and hearing tests from HearPO. Guaranteed lowest pricing* on over 1000 models from seven leading manufacturers.

*Competitor copy required for verification of price and model. Limited to manufacturers offered through the HearPO program. Local provider quotes only will be matched, no internet quotes.

**Aetna Natural Products and ServicesSM discount program:** Access to reduced rates on services from participating providers for acupuncture, chiropractic care, massage therapy and dietetic counseling. Also, access to discounts on over-the-counter vitamins, herbal and nutritional supplements and natural products. All products and services are provided through American Specialty Health Incorporated (ASH) and its subsidiaries.

**Aetna VisionSM discount program:** Access to discounts on vision exams, lenses and frames when a member utilizes a provider participating in the EyeMed Select Network.
**Aetna Weight Management**\(^{SM}\) **discount program:** Access to discounts on eDiets\(^{®}\) diet plans and products, Jenny Craig\(^{®}\) weight loss programs and products, and Nutrisystem\(^{®}\) weight loss meal plans.

**Oral Health Care** discount program: Access to discounts on oral health care products. Save on xylitol mints, mouth rinses, gum, candies and toothpaste from Epic. Additionally, receive exclusive savings on Waterpik\(^{®}\) dental water jets and sonic toothbrushes.

**At Home Products** discount program: Access to discounts on health care products that members can use in the privacy and comfort of their home.

**Aetna Specialty Pharmacy:** Provides specialty medications and support to members living with chronic conditions and illnesses. These medications are usually injected or infused, or some may be taken by mouth. Custom compounded doses and forms are also available. For additional information please go to www.AetnaSpecialtyRx.com.

**Quit Tobacco Cessation Program:** Say good-bye to tobacco and hello to a healthier future! The one-year Quit Tobacco program is provided by Healthyroads, a leading provider of tobacco cessation programs. You’ll get personal attention from health professionals that can help find what works for you.

**Beginning Right\(^{®}\) Maternity Program:** Make healthy choices for you and your baby. Learn what decisions are good ones for you and your baby. Our Beginning Right maternity program helps prepare you for the exciting changes pregnancy brings.

These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Chickering Claims Administrators, Inc., Aetna Life Insurance Company or their affiliates. Discount programs and other programs above provide access to discounted prices and are NOT insured benefits. The member is responsible for the full cost of the discounted services. Discount programs may be offered by vendors who are independent contractors and not employees or agents of Aetna. Aetna may receive a percentage of the fee you pay to the discount vendor.

Listen to the **Audio Health Library:**\(^{®}\) It explains thousands of health conditions in English and Spanish. Transfer easily to a registered nurse at any time during the call.

*Not all topics in the audio health service are covered expenses under your plan.*

Use the **Healthwise\(^{®}\) Knowledgebase** to find out more about a health condition you have or medications you take. It explains things in terms that are easy to understand.

Get to it through your secure Aetna Navigator\(^{®}\) member website, at www.aetnastudenthealth.com.

**GENERAL PROVISIONS**

**STATE MANDATED BENEFITS**

The Plan will pay benefits in accordance with any applicable Virginia State Insurance Law(s).

**Coordination of Benefits**

If the Covered Person is insured under more than one group health plan, the benefits of the plan that covers the insured student will be used before those of a plan that provides coverage as a dependent. When both parents have group health plans that provide coverage as a dependent, the benefits of the plan of the parent whose birth date falls earlier in the year will be used first. The benefits available under this Plan may be coordinated with other benefits available to the Covered Person under any auto insurance, Workers’ Compensation, Medicare, or other coverage. The Plan pays in accordance with the rules set forth in the Policy.
TERMINATION OF INSURANCE

Benefits are payable under this policy only for those Covered Expenses incurred while the policy is in effect as to the Covered Person. No benefits are payable for expenses incurred after the date the insurance terminates, except as may be provided under the Extension of Benefits provision.

TERMINATION OF STUDENT COVERAGE

Insurance for a covered student will end on the first of these to occur:

- the date this Policy terminates,
- the last day for which any required premium has been paid,
- the date on which the covered student withdraws from the school because of entering the armed forces of any country.
  Premiums will be refunded on a pro-rata basis when application is made within 90 days from withdrawal,
- at end of the current coverage period for which the covered student has enrolled and is no longer in an eligible class.

If withdrawal from school is for other than entering the armed forces, no premium refund will be made. Students will be covered for the Policy term for which they are enrolled, and for which premium has been paid.

TERMINATION OF DEPENDENT COVERAGE

Insurance for a covered student’s dependent will end when insurance for the covered student ends. Before then, coverage will end:

- For a child, on the last day of the Policy Period following the child’s 26th birthday.
- The date the covered student fails to pay any required premium.
- For the spouse, the date the marriage ends in divorce or annulment.
- The date dependent coverage is deleted from this Plan.
- For a domestic partner, the earlier to occur of:
  - the date this Plan no longer allows coverage for domestic partners, and
  - the date of termination of the domestic partnership. In that event, a completed and signed declaration of Termination of Domestic Partnership must be provided to the Policyholder.
- At end of the current coverage period for which the dependent ceases to be in an eligible class.

Termination will not prejudice any claim for a charge that is incurred prior to the date coverage ends.

INCAPACITATED DEPENDENT CHILDREN

Insurance may be continued for incapacitated dependent children who reach the age at which insurance would otherwise cease. The dependent child must be chiefly dependent for support upon the covered student and be incapable of self-sustaining employment because of mental or physical handicap.

Due proof of the child's incapacity and dependency must be furnished to Aetna by the covered student within 31 days after the date insurance would otherwise cease. Such proof will not be required more often than once each year after 2 years from the date the child reached the age at which insurance would have ceased if the child were not incapacitated. The premium due for the child's insurance will be the same as for a child who is not so incapacitated. Such child will be considered a covered dependent, so long as the covered student submits proof to Aetna each year, that the child remains physically or mentally unable to earn his own living. The premium due for the child's insurance will be the same as for a child who is not so incapacitated.

The child's insurance under this provision will end on the earlier of:

- the date specified under the provision entitled Termination of Dependent Coverage, or
- the date the child is no longer incapacitated and dependent on the covered student for support.
Conversion

A covered student and their covered dependents who has graduated or is otherwise ineligible for coverage under this policy, and has been continuously insured for three (3) months under the Aetna Student Health plan offered by the Policyholder, have the right to convert to an individual policy. Covered persons are required to apply for the conversion policy within 31 days after the Policyholder has given written notice of the option to convert to an individual policy, but in no event beyond the 60 day period following the date of the termination of the covered person's eligibility. Please contact Aetna Conversion Unit at (866) 901-2922 for more information.

EXCLUSIONS

This Policy does not cover nor provide benefits for:

1. Expense incurred as a result of dental treatment, except for treatment resulting from injury to sound, natural teeth or for extraction of impacted wisdom teeth as provided elsewhere in this Policy.

2. Expense incurred as a result of injury due to participation in a riot. "Participation in a riot" means taking part in a riot in any way, including inciting the riot or conspiring to incite it. It does not include actions taken in self-defense, so long as they are not taken against persons who are trying to restore law and order.

3. Expense incurred as a result of an accident occurring in consequence of riding as a passenger or otherwise in any vehicle or device for aerial navigation, except as a fare-paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route.

4. Expense incurred as a result of an injury or sickness due to working for wage or profit or for which benefits are payable under any Workers' Compensation or Occupational Disease Law.

5. Expense incurred as a result of an injury sustained or sickness contracted while in the service of the Armed Forces of any country. Upon the covered person entering the Armed Forces of any country, the unearned pro-rata premium will be refunded to the Policyholder.

6. Expense incurred for treatment provided in a governmental hospital unless there is a legal obligation to pay such charges in the absence of insurance.

7. Expense incurred for elective treatment or elective surgery except as specifically provided elsewhere in this Policy and performed while this Policy is in effect.

8. Expense incurred for cosmetic surgery, reconstructive surgery, or other services and supplies which improve, alter, or enhance appearance, whether or not for psychological or emotional reasons, except to the extent needed to: a) Improve the function of a part of the body that is not a tooth or structure that supports the teeth, and is malformed as a result of a severe birth defect, including harelip, webbed fingers, or toes, or as direct result of disease, or surgery performed to treat a disease or injury. b) Repair an injury (including reconstructive surgery for prosthetic device for a covered person who has undergone a mastectomy) which occurs while the covered person is covered under this Policy. Surgery must be performed in the calendar year of the accident which causes the injury, or in the next calendar year.

9. Expense covered by any other valid and collectible medical, health or accident insurance to the extent that benefits are payable under other valid and collectible insurance whether or not a claim is made for such benefits.

10. Expense incurred as a result of commission of a felony.

11. Expense incurred for voluntary or elective abortions unless otherwise provided in this Policy.

12. Expense incurred after the date insurance terminates for a covered person except as may be specifically provided in the Extension of Benefits Provision.

13. Services provided by the Health Service of the Policyholder or services covered or provided by the student health-fee.
14. Expense incurred for any services rendered by a member of the covered person's immediate family or a person who lives in the covered person's home.

15. Treatment for injury to the extent benefits are payable under any state no-fault automobile coverage, first party medical benefits payable under any other mandatory No-fault law.

16. Expense for or related to artificial insemination, in-vitro fertilization, or embryo transfer procedures, elective sterilization or its reversal or elective abortion unless specifically provided for in this Policy.

17. Expenses for treatment of injury or sickness to the extent that payment is made, as a judgment or settlement, by any person deemed responsible for the injury or sickness (or their insurers).

18. Expense incurred for which no member of the covered person's immediate family has any legal obligation for payment.

19. Expense incurred for custodial care. Custodial care means services and supplies furnished to a person mainly to help him or her in the activities of daily life. This includes room and board and other institutional care. The person does not have to be disabled. Such services and supplies are custodial care without regard to: by whom they are prescribed, or by whom they are recommended, or by whom or by which they are performed.

20. Expense incurred for the removal of an organ from a covered person for the purpose of donating or selling the organ to any person or organization. This limitation does not apply to a donation by a covered person to a spouse, child, brother, sister, or parent.

21. Expenses incurred for or in connection with: procedures, services, or supplies that are, as determined by Aetna, to be experimental or investigational. A drug, a device, a procedure, or treatment will be determined to be experimental or investigational if: a) There are insufficient outcomes data available from controlled clinical trials published in the peer reviewed literature, to substantiate its safety and effectiveness, for the disease or injury involved, or b) If required by the FDA, approval has not been granted for marketing, or c) A recognized national medical or dental society or regulatory agency has determined, in writing, that it is experimental, investigational, or for research purposes, or d) The written protocol or protocols used by the treating facility, or the protocol or protocols of any other facility studying substantially the same drug, device, procedure, or treatment, or the written informed consent used by the treating facility, or by another facility studying the same drug, device, procedure, or treatment, states that it is experimental, investigational, or for research purposes. However, this exclusion will not apply with respect to services or supplies (other than drugs) received in connection with a disease, if Aetna determines that: a) The disease can be expected to cause death within one year, in the absence of effective treatment, and b) The care or treatment is effective for that disease, or shows promise of being effective for that disease, as demonstrated by scientific data. In making this determination, Aetna will take into account the results of a review by a panel of independent medical professionals. They will be selected by Aetna. This panel will include professionals who treat the type of disease involved. Also, this exclusion will not apply with respect to drugs that: a) Have been granted treatment investigational new drug (IND), or b) Group c/treatment IND status, or c) Are being studied at the Phase III level in a national clinical trial, sponsored by the National Cancer Institute, d) If Aetna determines that available, scientific evidence demonstrates that the drug is effective, or shows promise of being effective, for the disease.

22. Expenses incurred for breast reduction/mammoplasty.

23. Expenses incurred for gynecomastia (male breasts).

24. Expense incurred by a covered person, not a United States citizen, for services performed within the covered person’s home country, if the covered person’s home country has a socialized medicine program.

25. Expense incurred for acupuncture, unless services are rendered for anesthetic purposes.

26. Expense incurred for alternative, holistic medicine, and/or therapy, including but not limited to, yoga and hypnotherapy.

27. Expense for injuries sustained as the result of a motor vehicle accident, to the extent that benefits are payable under other valid and collectible insurance, whether or not claim is made for such benefits. The Policy will only pay for those losses, which are not payable under the automobile medical payment insurance Policy.
28. Expense incurred when the person or individual is acting beyond the scope of his/her/its legal authority.

29. Expense incurred for hearing aids, the fitting, or prescription of hearing aids.

30. Expenses incurred for hearing exams not performed in conjunction with a routine physical exam.

31. Expense for care or services to the extent the charge would have been covered under Medicare Part A or Part B, even though the covered person is eligible, but did not enroll in Part B.

32. Expense for telephone consultations (except telemedicine services), charges for failure to keep a scheduled visit, or charges for completion of a claim form.

33. Expense for personal hygiene and convenience items, such as air conditioners, humidifiers, hot tubs, whirlpools, or physical exercise equipment, even if such items are prescribed by a physician.

34. Expense for incidental surgeries, and standby charges of a physician.

35. Expense incurred for outpatient treatment in connection with the detection or correction by manual or mechanical means of structural imbalance, distortion, or subluxation, in the human body, for purposes of removing nerve interference as a result of or related to: distortion, misalignment, or subluxation in the vertebral column, except as provided elsewhere in the Policy.

36. Expense incurred for injury resulting from the play or practice of intercollegiate sports (participating in sports clubs, or intramural athletic activities, is not excluded).

37. Expenses incurred for massage therapy.

38. Expense incurred for, or related to, sex change surgery.

39. Expense for charges that are not recognized charges, as determined by Aetna, except that this will not apply if the charge for a service, or supply, does not exceed the recognized charge for that service or supply, by more than the amount or percentage, specified as the Allowable Variation.

40. Expense for treatment of covered students who specialize in the mental health care field, and who receive treatment as a part of their training in that field.

41. Expense incurred for a treatment, service, or supply, which is not medically necessary, as determined by Aetna, for the diagnosis care or treatment of the sickness or injury involved. This applies even if they are prescribed, recommended, or approved, by the person’s attending physician, or dentist. In order for a treatment, service, or supply, to be considered medically necessary, the service or supply must: a) be care, or treatment, which is likely to produce a significant positive outcome as, and no more likely to produce a negative outcome than, any alternative service or supply, both as to the sickness or injury involved, and the person's overall health condition, b) be a diagnostic procedure which is indicated by the health status of the person, and be as likely to result in information that could affect the course of treatment as, and no more likely to produce a negative outcome than, any alternative service or supply, both as to the sickness or injury involved, and the person's overall health condition, and c) as to diagnosis, care, and treatment, be no more costly (taking into account all health expenses incurred in connection with the treatment, service, or supply), than any alternative service or supply to meet the above tests. In determining if a service or supply is appropriate under the circumstances, Aetna will take into consideration: information relating to the affected person's health status, reports in peer reviewed medical literature, reports and guidelines published by nationally recognized health care organizations that include supporting scientific data, generally recognized professional standards of safety and effectiveness in the United States for diagnosis, care, or treatment, the opinion of health professionals in the generally recognized health specialty involved, and any other relevant information brought to Aetna's attention. In no event will the following services or supplies be considered to be medically necessary: a) those that do not require the technical skills of a medical, a mental health, or a dental professional, or b) those furnished mainly for the personal comfort or convenience of the person, any person who cares for him or her, or any persons who is part of his or her family, any healthcare provider, or healthcare facility, or c) those furnished solely because the person is an inpatient on any day on which the person's sickness or injury could safely, and adequately, be diagnosed, or treated, while not
confined, or those furnished solely because of the setting, if the service or supply could safely and adequately be furnishing in a physician's or a dentist's office, or other less costly setting.

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

**DEFINITIONS**

**Accident**: an occurrence which (a) is unforeseen; (b) is not due to or contributed to by sickness or disease of any kind; and (c) causes injury.

**Actual Charge**: the charge made for a covered service by the provider who furnishes it.

**Aggregate Maximum**: the maximum benefit that will be paid under this Policy for all Covered Medical Expenses incurred by a covered person that accumulate in one Policy Year.

**Ambulatory Surgical Center**: a freestanding ambulatory surgical facility that:
- Meets licensing standards.
- Is set up, equipped and run to provide general surgery.
- Makes charges.
- Is directed by a staff of physicians. At least one of them must be on the premises when surgery is performed and during the recovery period.
- Has at least one certified anesthesiologist at the site when surgery which requires general or spinal anesthesia is performed and during the recovery period.
- Extends surgical staff privileges to: physicians who practice surgery in an area hospital; and dentists who perform oral surgery.
- Has at least 2 operating rooms and one recovery room.
- Provides, or arranges with a medical facility in the area for, diagnostic x-ray and lab services needed in connection with surgery.
- Does not have a place for patients to stay overnight.
- Provides, in the operating and recovery rooms, full-time skilled nursing services directed by a R.N.
- Is equipped and has trained staff to handle medical emergencies.
- It must have: a physician trained in cardiopulmonary resuscitation; and a defibrillator; and a tracheotomy set; and a blood volume expander.
- Has a written agreement with a hospital in the area for immediate emergency transfer of patients. Written procedures for such a transfer must be displayed and the staff must be aware of them.
- Provides an ongoing quality assurance program. The program must include reviews by physicians who do not own or direct the facility. Keeps a medical record on each patient.

**Birthing Center**: a freestanding facility that:
- Meets licensing standards.
- Is set up, equipped and run to provide prenatal care, delivery and immediate postpartum care.
- Makes charges.
- Is directed by at least one physician who is a specialist in obstetrics and gynecology.
- Has a physician or certified nurse midwife present at all births and during the immediate postpartum period.
- Extends staff privileges to physicians who practice obstetrics and gynecology in an area hospital.
- Has at least 2 beds or 2 birthing rooms for use by patients while in labor and during delivery.
- Provides, during labor, delivery and the immediate postpartum period, full-time skilled nursing services directed by a R.N. or certified nurse midwife.
- Provides, or arranges with a facility in the area for, diagnostic X-ray and lab services for the mother and child.
• Has the capacity to administer a local anesthetic and to perform minor surgery. This includes episiotomy and repair of perineal tear.
• Is equipped and has trained staff to handle medical emergencies and provide immediate support measures to sustain life if complications arise during labor and if a child is born with an abnormality which impairs function or threatens life.
• Accepts only patients with low risk pregnancies.
• Has a written agreement with a hospital in the area for emergency transfer of a patient or a child. Written procedures for such a transfer must be displayed and the staff must be aware of them.
• Provides an ongoing quality assurance program. This includes reviews by physicians who do not own or direct the facility.
• Keeps a medical record on each patient and child.

Complications of Pregnancy: conditions which require hospital stays before the pregnancy ends and whose diagnoses are distinct from but are caused or affected by pregnancy. These conditions are:
• acute nephritis or nephrosis; or
• cardiac decompensation or missed abortion; or
• similar conditions as severe as these.
Not included are (a) false labor, occasional spotting or physician prescribed rest during the period of pregnancy; (b) morning sickness; (c) hyperemesis gravidarum and preclampsia; and (d) similar conditions not medically distinct from a difficult pregnancy.
Complications of Pregnancy also include:
• non-elective cesarean section; and
• termination of an ectopic pregnancy; and
• spontaneous termination when a live birth is not possible. (This does not include voluntary abortion)

Copay: this is a fee charged to a person for Covered Medical Expenses. For Prescribed Medicines Expense; the copay is payable directly to the pharmacy for each: prescription; kit; or refill; at the time it is dispensed. In no event will the copay be greater than the pharmacy’s charge per: prescription; kit; or refill

Covered Dental Expenses: those charges for any treatment; service; or supplies; covered by this Policy which are:
• not in excess of the reasonable and customary charges; or
• not in excess of the charges that would have been made in the absence of this coverage; and
• incurred while this Policy is in force as to the covered person.

Covered Dependent: a covered student’s dependent who is insured under this Policy

Covered Medical Expense: those charges for any treatment, service or supplies covered by this Policy which are:
• not in excess of the reasonable and customary charges; or
• not in excess of the charges that would have been made in the absence of this coverage; and
• incurred while this Policy is in force as to the covered person except with respect to any expenses payable under the Extension of Benefit Provisions.

Covered Person: a covered student and any covered dependent while coverage under this Policy is in effect

Covered Student: a student of the Policyholder who is insured under this Policy.

Deductible: the amount of Covered Medical Expenses that are paid by each covered person during the policy year before benefits are paid.

Dental Consultant: a dentist who has agreed to provide consulting services in connection with the Dental Expense Benefit

Dental Provider: This is any dentist; group; organization; dental facility; or other institution; or person
Dentist: a legally qualified dentist. Also, a physician who is licensed to do the dental work he or she performs.

Dependent: (a) the covered student’s spouse residing with the covered student; or (b) the person identified as a domestic partner in the "Declaration of Domestic Partnership" which is completed and signed by the covered student; and (c) the covered student’s unmarried child under the age of 26. The term “child” includes a covered student’s step-child; adopted child; and a child for whom a petition for adoption is pending. The term dependent does not include a person who is: (a) an eligible student; or (b) a member of the armed forces.

Designated Care: Care provided by a Designated Care Provider upon referral from the School Health Services.

Designated Care Provider: A health care provider or pharmacy; that is affiliated; and has an agreement with the School Health Services to furnish services and supplies at a negotiated charge.

Durable Medical and Surgical Equipment: no more than one item of equipment for the same or similar purpose, and the accessories needed to operate it, that is:
- made to withstand prolonged use;
- made for and mainly used in the treatment of a disease or injury;
- suited for use in the home;
- not normally of use to person's who do not have a disease or injury;
- not for use in altering air quality or temperature;
- not for exercise or training.
Not included is equipment such as: whirlpools; portable whirlpool pumps; sauna baths; massage devices; overbed tables; elevators, communication aids; vision aids; and telephone alert systems.

Elective Treatment: medical treatment which is not necessitated by a pathological change in the function or structure in any part of the body occurring after the covered person’s effective date of coverage. Elective treatment includes; but is not limited to:
- vasectomy;
- breast reduction;
- sexual reassignment surgery; and
- treatment of infertility;

Emergency Admission: one where the physician admits the person to the hospital or residential treatment facility right after the sudden and at that time; unexpected onset of a change in a person's physical or mental condition which:
- requires confinement right away as a full-time inpatient; and
- if immediate inpatient care was not given could; as determined by Aetna; reasonably be expected to result in: loss of life or limb; or significant impairment to bodily function; or permanent dysfunction of a body part.

Emergency Medical Condition: This means a recent and severe medical condition; including, but not limited to; severe pain; which would lead a prudent layperson possessing an average knowledge of medicine and health; to believe that his or her condition; sickness; or injury; is of such a nature that failure to get immediate medical care could result in:
- Placing the person’s health in serious jeopardy; or
- Serious impairment to bodily function; or
- Serious dysfunction of a body part or organ; or
- In the case of a pregnant woman; serious jeopardy to the health of the fetus.
Generic Prescription Drug is a prescription drug, whether identified by its chemical, proprietary, or non-proprietary name that is accepted by the U.S. Food and Drug Administration (FDA) as therapeutically equivalent and interchangeable with drugs having an identical amount of the same active ingredient and so indicated by Medispan or any other publication designated by Aetna, an affiliate or third party vendor.

Home Health Agency:
- an agency licensed as a home health agency by the state in which home health care services are provided; or
- an agency certified as such under Medicare; or
- an agency approved as such by Aetna.

Home Health Aide: a certified or trained professional who provides services through a home health agency which are not required to be performed by an RN; LPN; or LVN; primarily aid the covered person in performing the normal activities of daily living while recovering from an injury or sickness; and are described under the written Home Health Care Plan.

Home Health Care: health services and supplies provided to a covered person on a part-time; intermittent; visiting basis. Such services and supplies must be provided in such person's place of residence; while the person is confined as a result of injury or sickness. Also; a physician must certify that the use of such services and supplies is to treat a condition as an alternative to confinement in a hospital or skilled nursing facility.

Home Health Care Plan: a written plan of care established and approved in writing by a physician; for continued health care and treatment in a covered person's home. It must either follow within 24 hours of and be for the same or related cause(s) as a period of hospital or skilled nursing confinement; or be in lieu of hospital or skilled nursing confinement.

Hospice: a facility or program providing a coordinated program of home and inpatient care which treats terminally ill patients. The program provides care to meet the special needs of the patient during the final stages of a terminal illness. Care is provided by a team made up of trained medical personnel; counselors; and volunteers. The team acts under an independent hospice administration and it helps the patient cope with physical; psychological; spiritual; social; and economic stresses. The hospice administration must meet the standards of the National Hospice Organization and any licensing requirements.

Hospice Benefit Period: a period that begins on the date the attending physician certifies that the covered person is a terminally ill patient who has less than 6 months to live. It ends after 6 months (or such later period for which treatment is certified) or on the death of the patient; if sooner.

Hospital: a facility which meets all of these tests:
- it provides in-patient services for the case and treatment of injured and sick people; and
- it provides room and board services and nursing services 24 hours a day; and
- it has established facilities for diagnosis and major surgery; and
- it is run as a hospital under the laws of the jurisdiction which it is located.

Hospital does not include a place run mainly: (a) for alcoholics or drug addicts; (b) as a convalescent home; or (c) as a nursing or rest home. The term “hospital” includes an alcohol and drug addiction treatment facility during any period in which it provides effective treatment of alcohol and drug addiction to the covered person.

Hospital Confinement: a stay of 18 or more hours in a row as a resident bed patient in a hospital.

Injury: bodily injury caused by an accident. This includes related conditions and recurrent symptoms of such injury.

Intensive Care Unit: a designated ward; unit; or area within a hospital for which a specified extra daily surcharge is made and which is staffed and equipped to provide; on a continuous basis; specialized or intensive care or services; not regularly provided within such hospital.
Jaw Joint Disorder: This is a Temporomandibular Joint Dysfunction or any similar disorder in the relationship between the jaws or jaw joint; and the muscles; and nerves.

Mail Order Pharmacy: an establishment where prescription drugs are legally dispensed by mail.

Medically Necessary: a service or supply that is: necessary; and appropriate; for the diagnosis or treatment of a sickness; or injury; based on generally accepted current medical practice.

In order for a treatment; service; or supply to be considered medically necessary; the service or supply must:

- Be care or treatment which is likely to produce as significant positive outcome as any alternative service or supply; both as to the sickness or injury involved and the person's overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply; both as to the sickness or injury involved and the person's overall health condition
- Be a diagnostic procedure which is indicated by the health status of the person. It must be as likely to result in information that could affect the course of treatment as any alternative service or supply; both as to the sickness or injury involved and the person's overall health condition. It must be no more likely to produce a negative outcome than any alternative service or supply; both as to the sickness or injury involved and the person's overall health condition; and
- As to diagnosis; care; and treatment; be no more costly (taking into account all health expenses incurred in connection with the treatment; service; or supply;) than any alternative service or supply to meet the above tests.

In determining if a service or supply is appropriate under the circumstances; Aetna will take into consideration:

- information relating to the affected person's health status;
- reports in peer reviewed medical literature;
- reports and guidelines published by nationally recognized health care organizations that include supporting scientific data;
- generally recognized professional standards of safety and effectiveness in the United States for diagnosis; care; or treatment;
- the opinion of health professionals in the generally recognized health specialty involved; and
- any other relevant information brought to Aetna's attention.

In no event will the following services or supplies be considered to be medically necessary: Those that do not require the technical skills of a medical; a mental health; or a dental professional; or Those furnished mainly for: the personal comfort; or convenience; of the person; any person who cares for him or her; or any person who is part of his or her family; any healthcare provider; or healthcare facility; or Those furnished solely because the person is an inpatient on any day on which the person's sickness or injury could safely and adequately be diagnosed or treated while not confined; or Those furnished solely because of the setting if the service or supply could safely and adequately be furnished; in a physician's or a dentist's office; or other less costly setting.

Medication Formulary: a listing of prescription drugs which have been evaluated and selected by Aetna clinical pharmacists; for their therapeutic equivalency and efficacy. This listing includes both brand name and generic prescription drugs. This listing is subject to periodic review; and modification by Aetna.

Member Dental Provider: any dental provider who has entered in to a written agreement to provide to covered students the dental care described under the Dental Expense Benefit. A covered student’s member dental provider is a member dental provider currently chosen; in writing by the covered student; to provide dental care to the covered student. A member dental provider chosen by a covered student takes effect as the covered student's member dental provider on the effective date of that covered student's coverage.

Member Dental Provider Service Area: the area within a 50 mile radius of the covered student's member dental provider.

Negotiated Charge: the maximum charge a Preferred Care Provider or Designated Provider has agreed to make as to any service or supply for the purpose of the benefits under this Policy.
Non-Occupational Disease: A non-occupational disease is a disease that does not:

- arise out of (or in the course of) any work for pay or profit; or
- result in any way from a disease that does.

A disease will be deemed to be non-occupational regardless of cause if proof is furnished that the covered student:

- is covered under any type of workers' compensation law; and
- is not covered for that disease under such law.

Non-Occupational Injury: A non-occupational injury is an accidental bodily injury that does not:

- arise out of (or in the course of) any work for pay or profit; or
- result in any way from an injury which does.

Non-Preferred Care: a health care service or supply furnished by a health care provider that is not a Designated Care Provider; or that is not a Preferred Care Provider; if, as determined by Aetna:

- the service or supply could have been provided by a Preferred Care Provider; and
- the provider is of a type that falls into one or more of the categories of providers listed in the directory.

Non-Preferred Care Provider:

- a health care provider that has not contracted to furnish services or supplies at a negotiated charge; or
- a Preferred Care Provider that is furnishing services or supplies without the referral of a School Health Services.

Non-Preferred Drug is a brand-name prescription drug or generic prescription drug that does not appear on the preferred drug list.

Non-Preferred Pharmacy: a pharmacy not party to a contract with Aetna; or a pharmacy who is party to such a contract but who does not dispense prescription drugs in accordance with its terms.

Non-Preferred Prescription Drug Expense: an expense incurred for a prescription drug that is not a preferred prescription drug expense.

One Sickness: a sickness and all recurrences and related conditions which are sustained by a covered person.

Orthodontic treatment: any
- medical service or supply; or
- dental service or supply;

furnished to prevent or to diagnose or to correct a misalignment:

- of the teeth; or
- of the bite; or
- of the jaws or jaw joint relationship;

whether or not for the purpose of relieving pain.

Not included is:

- the installation of a space maintainer; or
- surgical procedure to correct malocclusion.

Out-of-Area Emergency Dental Care: medically necessary care or treatment for an emergency medical condition; that is rendered outside a 50 mile radius of the covered student’s member dental provider. Such care is subject to specific limitations set forth in this Policy.

Out-of-Pocket Limit – The amount that must be paid; by the covered student; or the covered student and their covered dependents; before Covered Medical Expenses will be payable at 100%; for the remainder of the Policy Year. The Out-of-Pocket Limit applies only to Covered Medical Expenses for preferred care; which are payable at a rate greater than 50%.
The following expenses do not apply toward meeting the **Out-of-Pocket Limit**: deductibles; copays; expenses that are not **Covered Medical Expenses**; expenses for designated care or non-preferred care; penalties, expenses for prescription drugs; and other expenses not covered by this **Policy**.

**Partial Hospitalization**: continuous treatment consisting of not less than four hours and not more than twelve hours in any twenty-four hour period under a program based in a hospital.

**Pharmacy**: an establishment where **prescription drugs** are legally dispensed.

**Physician**: (a) legally qualified **physician** licensed by the state in which he or she practices; and (b) any other practitioner that must by law be recognized as a doctor legally qualified to render treatment.

**Policy Year**: the period of time from anniversary date to anniversary date except in the first year when it is the period of time from the effective date to the first anniversary date.

**Preferred Care**: care provided by
- a covered person's **primary care physician**; or a preferred care provider on the referral of the primary care physician; or
- a health care provider that is not a **Preferred Care Provider** for an emergency medical condition when travel to a Preferred Care Provider; or referral by a covered person’s primary care physician prior to treatment; is not feasible; or
- a **Non-Preferred Urgent Care Provider** when travel to a Preferred Urgent Care Provider for treatment is not feasible; and if authorized by Aetna.

**Preferred Care Provider**: a health care provider that has contracted to furnish services or supplies for a negotiated charge; but only if the provider is; with Aetna's consent; included in the directory as a **Preferred Care Provider** for:
- the service or supply involved; and
- the class of covered persons of which you are member.

**Preferred Drug** is a **brand-name prescription drug** or **generic prescription drug** that appears on the preferred drug list.

**Preferred Pharmacy**: a **pharmacy**; including a **mail order pharmacy**; which is party to a contract with Aetna to dispense drugs to persons covered under this Policy; but only:
- while the contract remains in effect; and
- while such a pharmacy dispenses a prescription drug; under the terms of its contract with Aetna.

**Preferred Prescription Drug Expense**: An expense incurred for a **prescription drug** that:
- is dispensed by a **Preferred Pharmacy**; or for an emergency medical condition only; by a non-preferred pharmacy; and
- is dispensed upon the **Prescription** of a **Prescriber** who is: a Designated Care Provider; or a Preferred Care Provider; or
- a **Non-Preferred Care Provider**; but only for an emergency condition; or on referral of a person's **Primary Care Physician**; or
- a **dentist** who is a Non-Preferred Care Provider; but only one who is not of a type that falls into one or more of the categories of providers listed in the directory of Preferred Care Providers.

**Prescriber**: any person; while acting within the scope of his or her license; who has the legal authority to write an order for a prescription drug.
**Prescription**: an order of a *prescriber* for a *prescription drug*. If it is an oral order; it must be promptly put in writing by the *pharmacy*.

**Prescription Drug** is a drug, biological, or compounded *prescription* which, by State or Federal Law, may be dispensed only by *prescription* and which is required by Federal Law to be labeled “Caution: Federal Law prohibits dispensing without *prescription*.” This includes an injectable drug prescribed to be self-administered or administered by any other person except one who is acting within his or her capacity as a paid healthcare professional. Covered injectable drugs include insulin.

**Primary Care Physician:**
This is the *Preferred Care Provider* who is:
- selected by a person from the list of *Primary Care Physicians* in the directory;
- responsible for the person's on-going health care; and
- shown on Aetna's records as the person's *Primary Care Physician*.
For purposes of this definition, a *Primary Care Physician* also includes the *School Health Services*.

**Provider** is any recognized health care professional, *pharmacy* or facility providing services with the scope of their license.

**Recognized Charge**: Only that part of a charge which is recognized is covered. The *recognized charge* for a service or supply is the lowest of:
- The provider's usual charge for furnishing it; and
- The charge Aetna determines to be appropriate; based on factors such as the cost of providing the same or a similar service or supply; and the manner in which charges for the service or supply are made; and
- The charge Aetna determines to be the *recognized charge* percentage made for that service or supply.
In some circumstances; Aetna may have an agreement; either directly or indirectly; through a third party; with a provider which sets the rate that Aetna will pay for a service or supply. In these instances; in spite of the methodology described above; the *recognized charge* is the rate established in such agreement.
In determining the *recognized charge* for a service or supply that is:
- Unusual; or
- Not often provided in the area; or
- Provided by only a small number of providers in the area.
Aetna may take into account factors, such as:
- The complexity;
- The degree of skill needed;
- The type of specialty of the provider;
- The range of services or supplies provided by a facility; and
- The *recognized charge* in other areas.

**Residential Treatment Facility**: a treatment center for children and adolescents; which provides residential care and treatment for emotionally disturbed individuals; and is licensed by the department of children and youth services; and is accredited as a residential treatment center by the council on accreditation or the joint commission on accreditation of health organizations.

**Respite Care**: care provided to give temporary relief to the family or other care givers in emergencies and from the daily demands for caring for a terminally ill *covered person*.

**Room and Board**: charges made by an institution for board and room and other necessary services and supplies. They must be regularly made at a daily or weekly rate.

**School Health Services**: any organization; facility; or clinic operated; maintained; or supported by the school or other entity under contract to the school which provides health care services to enrolled students.
**Semi-private Rate**: the charge for room and board which an institution applies to the most beds in its semiprivate rooms with 2 or more beds. If there are no such rooms; Aetna will figure the rate. It will be the rate most commonly charged by similar institutions in the same geographic area.

**Service Area**: the geographic area; as determined by Aetna; in which the Preferred Care Providers are located.

**Sickness**: disease or illness including related conditions and recurrent symptoms of the sickness. Sickness also includes pregnancy; and complications of pregnancy. All injuries or sickness due to the same or a related cause are considered one injury or sickness.

**Skilled Nursing Facility**: a lawfully operating institution engaged mainly in providing treatment for people convalescing from injury or sickness. It must have:
- organized facilities for medical services;
- 24 hours nursing service by RNs;
- a capacity of six or more beds;
- a daily medical records for each patient; and
- a physician available at all times.

**Sound Natural Teeth**: natural teeth; the major portion of the individual tooth which is present regardless of fillings and is not carious; abscessed; or defective. Sound natural teeth shall not include capped teeth.

**Specialty Care Drugs** are prescription drugs including injectable drugs, infusion and oral drugs prescribed to address complex, chronic diseases with associated co-morbidities such as cancer, rheumatoid arthritis, hemophilia, multiple sclerosis, and which are listed in the specialty care drug list.

**Specialty Pharmacy Network** is a network of pharmacies designated to fill prescriptions for injectable drugs, self-injectable drugs and specialty care drugs.

**Surgery Center**: a free standing ambulatory surgical facility that: Meets licensing standards. Is set up, equipped and run to provide general surgery. Makes charges. Is directed by a staff of physicians. At least one of them must be on the premises when surgery is performed and during the recovery period. Has at least one certified anesthesiologist at the site when surgery which requires general or spinal anesthesia is performed and during the recovery period. Extends surgical staff privileges to: physicians who practice surgery in an area hospital; and dentists who perform oral surgery. Has at least 2 operating rooms and one recovery room. Provides, or arranges with a medical facility in the area for, diagnostic x-ray and lab services needed in connection with surgery. Does not have a place for patients to stay overnight. Provides, in the operating and recovery rooms, full-time skilled nursing services directed by a registered nurse. Is equipped and has trained staff to handle medical emergencies. It must have: a physician trained in cardiopulmonary resuscitation; and a defibrillator; and a tracheotomy set; and a blood volume expander. Has a written agreement with a hospital in the area for immediate emergency transfer of patients. Written procedures for such a transfer must be displayed; and the staff must be aware of them. Provides an ongoing quality assurance program. The program must include reviews by physicians who do not own or direct the facility. Keeps a medical record on each patient.

**Surgical Assistant**: a medical professional trained to assist in surgery in both the preoperative and postoperative periods under the supervision of a physician.

**Surgical expense**: charges by a physician for;
- a surgical procedure;
- a necessary preoperative treatment during a hospital stay in connection with such procedure; and
- usual postoperative treatment.
Surgical Procedure:
This includes but is not limited to:
- a cutting procedure;
- suturing of a wound;
- treatment of a fracture;
- reduction of a dislocation;
- radiotherapy (excluding radioactive isotope therapy), if used in lieu of a cutting operation for removal of a tumor;
- electrocauterization;
- diagnostic and therapeutic endoscopic procedures;
- injection treatment of hemorrhoids and varicose veins;
- an operation by means of laser beam;
- cryosurgery.

Totally Disabled: due to disease or injury; the covered person is not able to engage in most of the normal activities of a person of like age and sex in good health.

Urgent Admission: One where the physician admits the person to the hospital due to:
- the onset of or change in a disease; or
- the diagnosis of a disease; or
- an injury caused by an accident;
which, while not needing an emergency admission, is severe enough to require confinement as an inpatient in a hospital within 2 weeks from the date the need for the confinement becomes apparent.

Urgent Condition: This means a sudden illness; injury; or condition; that:
- is severe enough to require prompt medical attention to avoid serious deterioration of the covered person’s health;
- includes a condition which would subject the covered person to severe pain that could not be adequately managed without urgent care or treatment;
- does not require the level of care provided in the emergency room of a hospital; and
- requires immediate outpatient medical care that cannot be postponed until the covered person’s physician becomes reasonably available.

Urgent Care Provider: This is: A freestanding medical facility which: Provides unscheduled medical services to treat an urgent condition if the covered person’s physician is not reasonably available. Routinely provides ongoing unscheduled medical services for more than 8 consecutive hours. Makes charges. Is licensed and certified as required by any state or federal law or regulation. Keeps a medical record on each patient. Provides an ongoing quality assurance program. This includes reviews by physicians other than those who own or direct the facility. Is run by a staff of physicians. At least one such physician must be on call at all times. Has a full-time administrator who is a licensed physician. A physician’s office; but only one that: has contracted with Aetna to provide urgent care; and is; with Aetna’s consent; included in the Provider Directory as a Preferred Urgent Care Provider. It is not the emergency room or outpatient department of a hospital.

Walk-in Clinic: a clinic with a group of physicians; which is not affiliated with a hospital; that provides: diagnostic services; observation; treatment; and rehabilitation on an outpatient basis.
CLAIM PROCEDURE

On occasion, the claims investigation process will require additional information in order to properly adjudicate the claim. This investigation will be handled directly by Aetna.

Customer Service Representatives are available 8:30 a.m. to 5:30 p.m., Monday through Friday, for any questions.

Please send claims to:
Aetna Student Health
PO Box 981106
El Paso, TX 79998

1. Bills must be submitted within 90 days from the date of treatment.
2. Payment for Covered Medical Expenses will be made directly to the hospital or physician concerned, unless bill receipts and proof of payment are submitted.
3. If itemized medical bills are available at the time the claim form is submitted, attach them to the claim form. Subsequent medical bills should be mailed promptly to the above address.
4. You will receive an “Explanation of Benefits” when your claims are processed. The Explanation of Benefits will explain how your claim was processed, according to the benefits of your Student Accident and Sickness Insurance Plan.

APPEALS PROCEDURE

Definitions

Adverse Benefit Determination (Decision): A denial; reduction; termination of; or failure to; provide or make payment (in whole or in part) for a service, supply or benefit.

Such adverse benefit determination may be based on:

- Your eligibility for coverage.
- Coverage determinations, including plan limitations or exclusions.
- The results of any Utilization Review activities.
- A decision that the service or supply is experimental or investigational.
- A decision that the service or supply is not medically necessary.

As to medical and prescription drug claims, an adverse benefit determination also means the termination of a covered person's coverage back to the original effective date (rescission) as it applies under any rescission provision appearing in the Policy.

Appeal: An oral or written request to Aetna to reconsider an adverse benefit determination.

Complaint: Any oral or written expression of dissatisfaction about quality of care or the operation of the Plan.

Concurrent Care Claim Extension: A request to extend a course of treatment that was previously approved.

Concurrent Care Claim Reduction or Termination: A decision to reduce or terminate a course of treatment that was previously approved.

External Review: A review of an adverse benefit determination or a final adverse benefit determination by an Independent Review Organization/External Review Organization (ERO) assigned by the State Insurance Commissioner Aetna or the U.S. Office of Personnel Management, as determined by Aetna and made up of physicians or other appropriate health care providers. The ERO must have expertise in the problem or question involved.

Final Adverse Benefit Determination: An adverse benefit determination that has been upheld by Aetna at the exhaustion of the appeals process.
**Pre-service Claim:** Any claim for medical care or treatment that requires approval before the medical care or treatment is received.

**Post-Service Claim:** Any claim that is not a “Pre-Service Claim.”

**Urgent Care Claim:** Any claim for medical care or treatment in which a delay in treatment could:
- seriously jeopardize your life or health;
- jeopardize your ability to regain maximum function;
- cause you to suffer severe pain that cannot be adequately managed without the requested medical care or treatment; or
- in the case of a pregnant woman, cause serious jeopardy to the health of the fetus.

**Full and Fair Review of Claim Determinations and Appeals**
As to medical and prescription drug claims and appeals only, Aetna will provide you with any new or additional evidence considered and rationale, relied upon, or generated by us in connection with the claim at issue. This will be provided to you in advance of the date on which the notice of the final adverse benefit determination is required to be provided so that you may respond prior to that date.

Prior to issuing a final adverse benefit determination based on a new or additional rationale, you must be provided, free of charge, with the rationale; the rationale must be provided as soon as possible and sufficiently in advance of the date on which notice of final adverse determination is required.

**Claim Determinations – Health Coverage**

Notice of a claim benefit decision will be provided to you in accordance with the guidelines and timelines provided below. As to medical and prescription drug claims only, if Aetna makes an adverse benefit determination, written notice will be provided to you, or in the case of a concurrent care claim, to your provider.

**Urgent Care Claims**

Aetna will notify you of an urgent care claim decision as soon as possible, but not later than 72 hours after the claim is made.

If more information is needed to make an urgent care claim decision, Aetna will notify the claimant within 72 hours of receipt of the claim. The claimant has 48 hours after receiving such notice to provide Aetna with the additional information. Aetna will notify the claimant within 48 hours of the earlier to occur:
- the receipt of the additional information; or
- the end of the 48 hour period given the physician to provide Aetna with the information.

**Pre-Service Claims**

Aetna will notify you of a pre-service claim decision as soon as possible, but not later than 15 calendar days after the claim is made. Aetna may determine that due to matters beyond its control an extension of this 15 calendar day claim decision period is required. Such an extension, of no longer than 15 additional calendar days, will be allowed if Aetna notifies you within the first 15 calendar day period. If this extension is needed because Aetna needs more information to make a claim decision, the notice of the extension shall specifically describe the required information. You will have 45 calendar days, from the date of the notice, to provide Aetna with the required information.

**Post-Service Claims**

Aetna will notify you of a post-service claim decision as soon as possible, but not later than 30 calendar days after the claim is made. Aetna may determine that due to matters beyond its control an extension of this 30 calendar day claim decision period is required. Such an extension, of no longer than 15 additional calendar days, will be allowed if Aetna notifies you within the first 30 calendar day period. If this extension is needed because Aetna needs more information to make a claim decision, the notice of the extension shall specifically describe the required information. The patient will have 45 calendar days, from the date of the notice, to provide Aetna with the required information.
**Concurrent Care Claim Extension**

Following a request for a concurrent care claim extension, Aetna will notify you of a claim decision for urgent care as soon as possible but not later than 24 hours, provided the request is received at least 24 hours prior to the expiration of the approved course of treatment. A decision will be provided not later than 15 calendar days with respect to all other care, following a request for a concurrent care claim extension.

**Concurrent Care Claim Reduction or Termination**

Aetna will notify you of a claim decision to reduce or terminate a previously approved course of treatment with enough time for you to file an appeal.

As to medical and prescription drug claims only, if you file an appeal, coverage under the plan will continue for the previously approved course of treatment until a final appeal decision is rendered. During this continuation period, you are responsible for any copayments; coinsurance; and deductibles; that apply to the services; supplies; and treatment; that are rendered in connection with the claim that is under appeal. If Aetna's initial claim decision is upheld in the final appeal decision, you will be responsible for all charges incurred for services; supplies; and treatment; received during this continuation period.

**Complaints**

If you are dissatisfied with the service you receive from the Plan or want to complain about a network provider you must call or write Member Services. The complaint must include a detailed description of the matter and include copies of any records or documents that you think are relevant to the matter. Aetna will review the information and provide you with a written response within 30 calendar days of the receipt of the complaint, unless more information is needed and it cannot be obtained within this period. The notice of the decision will tell you what you need to do to seek an additional review.

**Appeals of Adverse Benefit Determinations**

You may submit an appeal if Aetna gives notice of an adverse benefit determination. This Plan provides for one level of appeal. As to medical and prescription drug claims only, a final adverse benefit determination notice may also provide an option to request an External Review (if available).

You have 180 calendar days with respect to Health Claims following the receipt of notice of an adverse benefit determination to request your Level One appeal. Your appeal may be submitted orally or must be submitted in writing and must include:

- Your name.
- The school's name.
- A copy of Aetna’s notice of an adverse benefit determination.
- Your reasons for making the appeal.
- Any other information you would like to have considered.

Send your written appeal to the address shown on the notice of adverse benefit determination, or you may call in your appeal using the telephone number listed on the notice.

You may also choose to have another person (an authorized representative) make the appeal on your behalf. You must provide written consent to Aetna.

As to medical and prescription drug claims only, you may be allowed to provide evidence or testimony during the appeal process in accordance with the guidelines established by the Federal Department of Health and Human Services.
Appeal – Medical and Prescription Drug Claims

A review of an Appeal of an adverse benefit determination shall be provided by Aetna personnel. They shall not have been involved in making the adverse benefit determination.

Urgent Care Claims (May Include Concurrent Care Claim Reduction or Termination)
Aetna shall issue a decision within 72 hours of receipt of the request for an appeal.

Pre-Service Claims (May Include Concurrent Care Claim Reduction or Termination)
Aetna shall issue a decision within 30 calendar days of receipt of the request for an appeal.

Post-Service Claims
Aetna shall issue a decision within 60 calendar days of receipt of the request for an Appeal.

Exhaustion of Process
You must exhaust the applicable Level One processes of the Appeal Procedure before you:

- Contact the Virginia Department of Insurance to request an investigation of a complaint or appeal; or
- File a complaint or appeal with the Virginia Department of Insurance; or
- Establish any:
  - litigation;
  - arbitration; or
  - administrative proceeding;
regarding an alleged breach of the policy terms by Aetna Life Insurance Company; or any matter within the scope of the Appeals Procedure.

As to medical and prescription drug claims only, under certain circumstances you may seek simultaneous review through the internal Appeals Procedure and External Review processes — these include Urgent Care Claims and situations where you are receiving an ongoing course of treatment. Exhaustion of the applicable process of the Appeal Procedure is not required under these circumstances.

Important Note:
As to medical and prescription drug claims only, if Aetna does not adhere to all claim determination and appeal requirements of the Federal Department of Health and Human Services, you are considered to have exhausted the appeal requirements and may proceed with External Review or any of the actions mentioned above. There are limits, though, on what sends a claim or an appeal straight to an External Review. Your claim or internal appeal will not go straight to External Review if:
- a rule violation was minor and isn't likely to influence a decision or harm you;
- it was for a good cause or was beyond Aetna's control; and
- it was part of an ongoing, good faith exchange between you and Aetna.

External Review
As to medical and prescription drug claims only, you may receive an adverse benefit determination or final adverse benefit determination because Aetna determines that:
- the claim involves medical judgment;
- the care is not necessary or appropriate;
- a service, supply or treatment is experimental or investigational in nature.

In these situations, you may request an External Review if you or your provider disagrees with Aetna's decision.
To request an **External Review**, any of the following requirements must be met:

- You have received an **adverse benefit determination** notice by **Aetna**, and **Aetna** did not adhere to all claim determination and appeal requirements of the Federal Department of Health and Human Services.
- You have received a **final adverse benefit determination** notice of the denial of a claim by **Aetna**.
- Your claim was denied because **Aetna** determined that the care was not necessary or appropriate or was experimental or investigational.
- You qualify for a faster review as explained below.

The notice of **adverse benefit determination** or **final adverse benefit determination** that you receive from **Aetna** will describe the process to follow if you wish to pursue an **External Review**, and include a copy of the **Request for External Review Form**.

You must submit the **Request for External Review Form** to the U.S. Office of Personnel Management within 123 calendar days of the date you received the **adverse benefit determination** or **final adverse benefit determination** notice. You also must include a copy of the notice and all other pertinent information that supports your request.

The U.S. Office of Personnel Management will contact the ERO that will conduct the review of your claim. The ERO will select one or more independent clinical reviewers with appropriate expertise to perform the review. In making a decision, the external reviewer may consider any appropriate credible information that you send along with the **Request for External Review Form**, and will follow **Aetna’s** contractual documents and plan criteria governing the benefits. You will be notified of the decision of the ERO usually within 45 calendar days of **Aetna’s** receipt of your request form and all the necessary information.

A faster review is possible if your **physician** certifies (by telephone or on a separate **Request for External Review Form**) that a delay in receiving the service would:

- seriously jeopardize your life or health; or
- jeopardize your ability to regain maximum function; or
- if the **adverse benefit determination** relates to experimental or investigational treatment, if the **physician** certifies that the recommended or requested health care service, supply or treatment would be significantly less effective if not promptly initiated.

You may also receive a faster review if the **final adverse benefit determination** relates to an admission; availability of care; continued stay; or health service for which you received emergency care, but have not been discharged from a facility.

Faster reviews are decided within 72 hours after **Aetna** receives the request.

**Aetna** will abide by the decision of the ERO, except where **Aetna** can show conflict of interest, bias or fraud.

You are responsible for the cost of compiling and sending the information that you wish to be reviewed by the ERO to **Aetna**. **Aetna** is responsible for the cost of sending this information to the ERO and for the cost of the external review.

For more information about the Appeals Procedure or **External Review** processes, call the Member Services telephone number shown on your ID card.

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**PRESCRIPTION DRUG CLAIM PROCEDURE**

When obtaining a covered prescription, please present your ID card to a Preferred Pharmacy, along with your applicable copay. The pharmacy will bill **Aetna** for the cost of the drug, plus a dispensing fee, less the copay amount.

When you need to fill a prescription, and do not have your ID card with you, you may obtain your prescription from an **Aetna** Preferred Pharmacy, and be reimbursed by submitting a completed **Aetna** Prescription Drug claim form. You will be reimbursed for covered medications, less your copay.
WORLDWIDE TRAVEL ASSISTANCE SERVICES

On Call International
Chickering Claims Administrators, Inc. (CCA) has contracted with On Call International (On Call) to provide Covered Persons with access to certain accidental death and dismemberment benefits, worldwide emergency medical, travel and security assistance services and other benefits.

Services rendered without On Call International’s coordination and approval are not covered. No claims for reimbursement will be accepted. If the Member is able to leave the Member’s host country by normal means, On Call International will assist the Member in rebooking flights or other transportation. Expenses for non-emergency transportation are the Member’s responsibility.

On Call phone number: 1-866-525-1956 or collect 1-603-328-1956

A brief description of these benefits is outlined below.

Accidental Death and Dismemberment (ADD) Benefits
These benefits are underwritten by United States Fire Insurance Company (USFIC) and include the following:

Benefits are payable for the Accidental Death and Dismemberment of Covered Persons, up to a maximum of $10,000.

Medical Evacuation and Repatriation (MER) Benefits
The following benefits are underwritten by United States Fire Insurance Company (USFIC) with medical and travel assistance services provided by On Call. These benefits are designed to assist Covered Persons when traveling more than 100 miles from home, anywhere in the world.

- Unlimited Emergency Medical Evacuation
- Unlimited Medically Supervised Repatriation
- Unlimited Return of Deceased Remains
- Unlimited Family Reunion (airfare only)
- $2,500 Return of Traveling Companion
- $2,500 Return of Dependent Children
- $2,500 Bereavement Reunion - in the event of a Covered Person’s death, On Call will fly a family member to identify the remains and accompany the remains back to the deceased’s home country
- $2,500 Emergency Return Home in the event of death or life-threatening illness of a parent, sibling or spouse
- $1,000 Return of Personal Belongings

Natural Disaster and Political Evacuation Services (NDPE)
The following benefits are underwritten by United States Fire Insurance Company (USFIC) with medical, travel, and security assistance services provided by On Call.

If a Covered Person requires emergency evacuation due to governmental or social upheaval, which places him/her in imminent bodily harm (as determined by On Call security personnel in accordance with local and U.S. authorities), On Call will arrange and pay for his/her transportation to the nearest safe location, and then a one-way economy class airline ticket to his/her home country.

If a Covered Person requires emergency evacuation due to a natural disaster, which makes his/her location Uninhabitable, On Call will arrange and pay for his/her evacuation from a safe departure point to the nearest safe haven, and then home.

If the Covered Person is delayed at the safe haven, On Call shall arrange and pay for reasonable lodging expenses up to $100 per day for a maximum of three days. (Economy airfare and lodging costs shall not exceed a combined single limit of $5,000 USD per Covered Person).

Subject to a maximum benefit of $100,000 per Covered Person per Event.
Worldwide Emergency Travel Assistance (WETA) Services. On Call provides the following travel assistance services:

- 24/7 Emergency Travel Arrangements
- Translation Assistance
- Emergency Travel Funds Assistance
- Lost Luggage and Travel Documents Assistance
- Assistance with Replacement of Credit Card/Travelers Checks
- Medical/Dental/Pharmacy Referral Service
- Hospital Deposit Arrangements
- Dispatch of Physician
- Emergency Medical Record Assistance
- Legal Consultation and Referral
- Bail Bonds Assistance

The On Call International Global Response Center can be reached 24 hours a day, 365 days a year.

The information contained above is a just summary of the ADD, MER, WETA, and NDPE benefits and services available through On Call. For a copy of the plan documents applicable to the ADD, MER, WETA and NDPE coverage, including a full description of coverage, exclusions and limitations, please contact Aetna Student Health at www.aetnastudenthealth.com or (866) 577-7027.

NOTE: In order to obtain coverage, all MER, WETA and NDPE services must be provided and arranged through On Call. Reimbursement will not be provided for any services not provided and arranged through On Call. Although certain emergency medical services may be covered under the terms of the Covered Person’s student health insurance plan (the “Plan”), neither On Call nor its contracted insurance providers provide coverage for emergency medical treatment rendered by doctors, hospitals, pharmacies or other health care providers. Coverage for such services will be provided in accordance with the terms of the Plan and exclusions, limitations and benefit maximums may apply. Neither CCA, nor Aetna Life Insurance Company, nor their affiliates provide medical care or treatment and they are not responsible for outcomes.

To file a claim for ADD benefits, or to obtain MER, WETA or NDPE benefits/services, or for any questions related to those benefits/services, please call On Call International at the following numbers listed on the On Call ID card provided to Covered Persons when they enroll in the Plan: Toll Free at (866) 525-1956 or Collect at (603) 328-1956. All Covered Persons should carry their On Call ID card when traveling.

Chickering Claims Administrators, Inc. (CCA) provides access to certain Accidental Death and Dismemberment (AD&D); Medical Evacuation/Repatriation (MER); Natural Disaster and Political Evacuation (NDPE); and Worldwide Emergency Travel Assistance (WETA) coverages and services through a contractual relationship with On Call International, LLC (On Call). AD&D coverage is underwritten by Fairmont Specialty dba United States Fire Insurance Company (USFIC). MER, NDPE and WETA membership services are administered by On Call.

CCA and On Call are independent contractors and not employees or agents of each other. Neither CCA nor any of its affiliates provides or administers ADD, MER, NPDE and WETA benefits/services and neither CCA nor any of its affiliates is responsible in any way for the benefits/services provided by or through On Call.

These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Aetna.
NOTICE
Aetna considers nonpublic personal member information confidential and has policies and procedures in place to protect the information against unlawful use and disclosure. When necessary for your care or treatment, the operation of your health Plan, or other related activities, we use personal information internally, share it with our affiliates, and disclose it to health care providers (doctors, dentists, pharmacies, hospitals, and other caregivers), vendors, consultants, government authorities, and their respective agents. These parties are required to keep personal information confidential as provided by applicable law. Participating Network/Preferred Providers are also required to give you access to your medical records within a reasonable amount of time after you make a request. By enrolling in the Plan, you permit us to use and disclose this information as described above on behalf of yourself and your dependents. To obtain a copy of our Notice of Privacy.

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The Virginia Tech Plan is underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc. Aetna Student Health℠ is the brand name for products and services provided by these companies and their applicable affiliated companies.